No. 1—on
"Vibrations, Lights
and Colors"

No. 2—on
"Nature's Finer
Forces"

SCIENCE
OF
COLORS
AND
RHYTHM

E. J. STEVENS, M. Sc., Ph. D.

SERIES NO. 4 BOOK

For Health, Home and Happiness

No. 3—on
Dr. Babbitt's
Chromo-Therapy
"Lights and Colors"

No. 4—on
"Science of Colors
and Rhythm"
1924

BF
1999
S7255

SP

Prices on Our Book Sales Include Postage and Insurance

Vibrations, Lights and Colors (Special)	$5.00
Nature's Finer Forces (Special)	3.00
Lights and Colors	2.25
Breath Power (including lessons) (Paper bound)	1.00
Sex Standards and Sex Control (No. 1)	1.00
Thought Power (Paper bound)	.50
	$12.75

Special Combination price, $12.00

N. B.—Add $2.00 if the de luxe finish strong binding and color-pages in the Nature's Finer Forces is desired.

N. B.—Those interested in our Gold Medal Balsam Pocket Vaporizers, $3.50, with supply of balsams (75,000 sold without public advertising) for all nose, throat and lung troubles and voice culture:—

Write for free literature, in reference to any of the listed Books or equipment as mentioned in any of said Books.

Stevens Health Inventions Co.

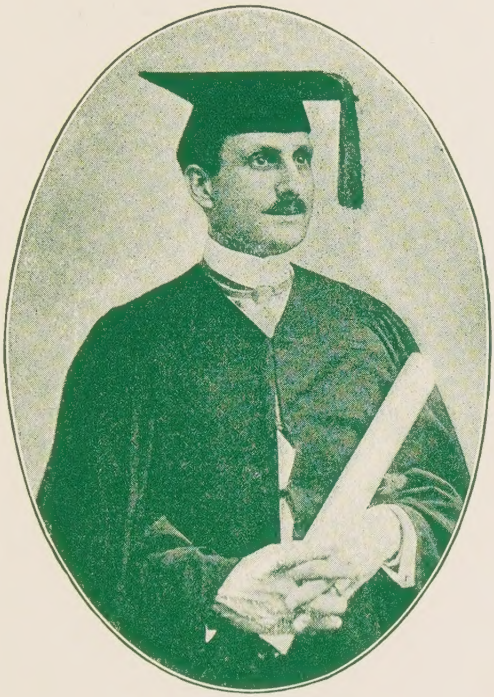
or address

E. J. Stevens Light, Color and Tone Laboratories

242 Powell Street, San Francisco, California

Digitized by the Internet Archive
in 2025 with funding from
Graduate Theological Union

https://archive.org/details/scienceofcolorsr00unse



E. J. STEVENS, M. Sc.

Copyrighted
By ERNEST J. STEVENS
Author
1924

All rights reserved in this and foreign countries,
except when quoting, full credit is given

An educational book is understood in proportion to the growth of the reader's mind.

DEDICATED

To the Colorful Flowers,
and Sun-Kissed Fruits,

—and to my—

Students in America
and Abroad.

COLOR-TONE ATTUNEMENT AND POWER OF FINER FORCES

THE TESTAMENTS OF THE TWELVE PATRIARCHS

Testament of Gad, Verse 3

"Love ye one another from the heart; and if a man sin against thee, cast forth the poison of hate and speak peaceably to him, and in thy soul hold not guile; and if he confess and repent, forgive him. 4. But if he deny it, do not get into a passion with him, lest catching the poison from thee he take to swearing, and so thou sin doubly. 6. And though he deny it and yet have a sense of shame when reproved, give over reproving him. For he who denieth may repent so as not again to wrong thee; yea, he may also honour and be at peace with thee. 7. But if he be shameless and persist in his wrongdoing, even so forgive him from the heart, and leave to God the avenging."

Science of Colors
and
Rhythm

Treating More Especially on the
New Science of Color-Tones, Healing,
Harmony and Rhythms

By

Ernest J. Stevens

M. Sc., A. M., Ph. D.

Author of "Vibrations, Lights and Colors," "Nature's Finer Forces," etc. "In Realms of Bliss."

Inventor of a Score of Scientific and Health Appliances. Researcher, Lecturer, Artist.

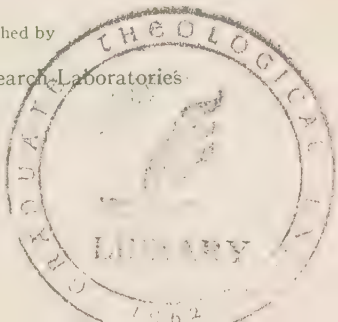
(Science of Colors and Rhythms, No. 5, MSS. and Color-plates now ready for the Press.)

PRICES, RETAIL, $2.00

Science of Colors and Rhythm (No. 4 Book), strongly bound, De luxe and color pages, $2.00

Copyrighted by Author and Published by

E. J. Stevens Light, Color and Tone Research Laboratories
Offices, 242 Powell Street
San Francisco, Calif.



Nature Outlined

✣ ✣ ✣ ✣

Spirit is Energy and Power—Nature's Active Principle

✣ ✣ ✣

Vibration with Rhythm is the Universal Language

✣ ✣ ✣

Sound is the Audible Voice of Nature

✣ ✣ ✣

Light is Nature's Book of Knowledge

✣ ✣ ✣

Colors, Forms and Sound Compose Nature's Alphabet

✣ ✣ ✣

Music is Harmony of Nature

✣ ✣ ✣

Silence is Nature's Inaudible Voice

✣ ✣ ✣

Science is the Child of Research and is Born in Silence

✣ ✣ ✣

Religion is the Child of Intuition and is Born of the Spirit

✣ ✣ ✣

Religion with Science will Unite Reason

INTRODUCTORY REMARKS BY AUTHOR

There are few, if any, subjects of more interest to ninety per cent. of the people of the world than the one to which the author has given his attention for a score or more years as a researcher and instructor in Lights, Colors and Therapeutics.

Energy and Life

No scientist talks any more in favor of spontaneous generation.

The ultimate particle we call matter is rhythmic energy, while the ultimate vibration is life, and the essence and principle of life is Spirit, or God, or the Creative Intelligence.

A Prophecy and an Ideal

The combination of music, perfume and color with forms, will positively be realized. We will be able to see, hear and smell the performance, yes, and some day taste the entertainment.

The Magnetonic, or Magnetic Color-tones Are Nature's Greatest Healing Agents

The healing and recreating power of the magnetic waves of attuned colors and their tones, energy toning, and transmuting erroneous or lower rating electron vibrations, into harmonious, magnetic conditions and healthy structures are simply marvelous, and the cures seem miraculous.

Far More Cures Than Any Other System

The author, who for twenty years has succeeded Dr. Edward Babbitt in this great realm of activity, does not claim that all human ills can be cured by this method, but he does believe, and a host of others do now claim, that this most natural high agent will produce a far greater percentage of cures than any other method in our present development, and, of course, it is important to follow the simple hygienic laws of nature—to prevent a recurrence of any disease of body or mind.

TABLE OF CONTENTS

COLOR-TONE PAGES AND PHOTO OF AUTHOR, TAKEN, 1912

Dedication.
Copyrights.
A Color-Tone Lesson.
Nature Outlined.
Introduction.
New Year Programme.

PART ONE

Chapter Lesson No. 1.	Forms, Sounds, Colors. The Science of Color-Tones and Music.
Chapter Lesson No. 2.	Color Cures. Numerous and Wonderful Cures at the Stevens Light and Color Research Institute.
Chapter Lesson No. 3.	Colors, Music, Perfume for Healing and Psychic Development. Transmutation.
Chapter Lesson No. 4.	Psychic Powers and Soul Development. Your Body Color-Charting.
Chapter Lessons No. 5 and 6.	Record of Marvelous Color Cures.
Chapter Lesson No. 7.	Colors and Magnetic Waves. Startling Disclosures and Experiments now being Recorded.
Chapter Lesson No. 8.	Rhythms of Friendship.

PART TWO

Rhythms and Inspirationals On Colors and in Free Verse.

PART THREE

Reprints and Comments. Books and Supplies.

A COLORFUL NEW YEAR EVENING AND A LARGE APPRECIATIVE AUDIENCE

This page was prepared for and requested by the following committee to be added to this book.

A portion of the pages of this enlarged brochure are original articles delivered by Dr. E. J. Stevens before the meeting of the Sunday Evening Psychology Club held January 7th, 1924, at the spacious Assembly Hall of the Chicago Woman's City Club.

A motion was made by Frederic Irving, Musical Director of the Chicago Sunday Evening Psychology Club (well known as former leading bass-baritone with Madam Schumann-Heink) and seconded by Col. C. Emmit Smith, of Spanish-American War fame—that the full evening lessons, lecture, and musical program be published by Dr. Stevens in plain pamphlet form and that this colorful and wonderful two hours' message would be to club members, simply—$1.00 per pamphlet. The worthy chairman, A. O. Kraemer, presented the motion which was carried unanimously by the hundreds present.

Dr. Stevens was brought to Chicago by the National Allied Drugless Association of Physicians, and this farewell message was the culmination of nearly a score of addresses delivered before scientific, medical and special clubs. Many prominent professional and social leaders attended this farewell evening to Dr. Stevens:

President, Mr. A. O. Kraemer; 1st Vice-President, Dr. J. G. Luttenberger; 2nd Vice-President, Col. C. F. Taylor; 3rd Vice-President, Dr. A. D. Williams; Secretary, Mrs. E. L. Borngesser; Treasurer, Mr. Samuel Shapiro.

The musical program of the evening follows:

Musical Color-tone Program

Ruby Evans, Soprano, formerly with the Metropolitan Opera Company of New York and the Chicago Grand Opera.

Charles Lagourgue, Vocal Instructor, Fine Arts Building, Chicago.

(1) Three Songs of the New Aeon. .Music by *C. Lagourgue*
Words by Frater Achad, Opus 40.

(a) The Ibis.
(b) The Bennu Bird.
(c) The Star Goddess.

(2) (a) The Prayer Perfect.....Music by *Irvine Stenson*
(b) Serenade .....*F. Schubert*

The songs of the "New Aeon" are published by Lyon & Healy, Chicago, or may be ordered from Annie E. Dorin, M. C. T., Ph. D., P. O. Box 899, Chicago, or from E. J. Stevens Publishing Co., San Francisco, Calif.

The $1.00 Pamphlet of 18 Pages Now Is This Book of 70 Pages

Chicago, Ill., Jan. 15, 1924.

My Dear Mr. Page:—

On January 7, after Dr. Ernest J. Stevens' wonderful address, the Chicago Sunday Evening Psychology Club unanimously decided to request Dr. Stevens to have the address and color-tone poems published in pamphlet form. A large majority stood up signifying their intention of purchasing one or more copies at the special club price of $1.00 each.

Dr. Stevens has gone into the matter of preparing this supplement to "Nature's Finer Forces" in his whole-hearted way and it will be a very elegant and valuable book for anyone to own. His first order is for 10,000, which will go all over the world. They are to be bound very nicely in cream white, with blue border and red lettering. The printing inside will be green—nature's fundamental color, and it will be beautiful in every detail.

Dr. Stevens has just decided to add several of his lecture-lessons, together with much other interesting matter, filling sixty to seventy pages. . . . This book will be kept on the library table and frequently read in the homes where they go.

With kindest regards to all from all.

FREDERIC IRVING,
(Musical Director of the Chicago Psychology Club.)

N. B.—Mr. Irving has since writing this letter, ordered and paid for a large shipment of the Nos. 1, 2 and 3 books of this series or set, as well as for 1,000 of these books.—Author.

PART I

CHAPTER-LESSON No. I

THE EARTH'S THREE PRIMARY SENSES
1, Form; 2, Sound; 3, Color

THREE DIVISIONS AND SYMBOLS

FORM AND FORMATION

For centuries man has evolved through the creation and understanding of form, but now he is evolving into the new education of vibratory rates of Light, Color and Music; in fact, the finer forces of invisible realms, from whence comes radio and radium.

FORMS: CELESTIAL AND TERRESTRIAL

For centuries we have studied diverse manifestations of form, classified under Geography, Minerology, Botany, Anatomy, Zoology, Biology and Medical Drugs. We have studied and classified the formation of the earth, the waters, and the sky. We know something about the outer or coarser atmosphere, with its breezes, currents and waves. We have learned to study the anatomy and outlines of organs, bodies and systems of "The Composite Man" and the complex woman. We have studied the shape, size, weight and general appearance of all visible formation, and now we are awakening to the vital importance of studying the source and nature and uses of the finer forces that are represented by the physical and personal. The predominant physical study of man—materialism, in its coarser understanding, is on the wane.

Form Values

Form is now being studied by all students of thought, from its relative, corresponding and symbolic standpoints. The intrinsic value of form is not in itself, but what it represents and suggests; just as the auras manifest the nature and functioning of the inner realms of a body—a plant, or a planet. Even the frame of a house—the frame of a human temple, is indicative of the frame of the mind and body dwellers inside the house—and the personal frame of an individual counts for something, but it is not the greatest study of man. This study is the potential individual and his access to and uses of nature's finer forces. This includes more than the study of the lesser sciences or even the so-called exact sciences, as mathematics and geometry; it starts with and finishes with the Science of Sciences—The Spiritual Science, as represented in Nature's finer forces.

Some of these titles and names were formulated by the author's fore-runner, Dr. Edw. Babbitt, while others were "coined" by the author in order to make clear this new science, etc.

NEW COLOR SCIENCE AND PHILOSOPHY BASED ON RATES OF VIBRATIONS.

1. Chromology.
2. Chromopathy.
3. Chromo-therapy.
4. Color-therapy.
5. Chromo-tone Therapeutics.
6. Color-tone Therapy.
7. Light, Color and Tone Waves.
8. Electro Magnetic Color-Waves.
9. Chromo-Electronics.
10. Chromo-Dietetics.
11. Electro Magnetonics.

Color and Sound

Red is the lowest and coarsest rate of the seven colors, because the slowest. It is made by the lowest audible vibrations of air—twenty-four vibrations per strike to be heard; Red contains Thermic rays; Blue and Violet, the Electric Cooling rays. Reflected Greens and Blues are intensely warm.

What Is Color?

For some it is of little concern. To others it means far, far more. In it they find health, comfort, music and love; life and spirituality. Besides, in color there is an unerring index to the hidden or secret forces of nature. Color is an index to health and quality.

Let us consider a few moments the value of color as a general index. Color is the key to unlock the door of Nature's storehouse. The green of Nature tells us of the vital, cohesive principle in nature. The yellow, or golden leaves, inform us of the relaxing of Nature's growing vegetation. The blue heavens are expressive of the high harmonizing principle.

Color determines the history and age and nature of things, and mankind.

NEW SCIENCE OF COLORFUL TONES AND MUSIC

Dedicated to My Friends, Prof. Chas. La Gourgue, and His Pupil, Ruby Evans, Formerly of the Chicago Grand Opera Company

How wonderful, delightful and fortunate it is that we can enjoy the marvelous healing and constructive rhythms of the fine color and tone rays. This healing and refining joy becomes constructive and doubly effective when we understand the simple harmonic rules of electronics and magnetic waves; when we, individually, can produce the harmony and melody of Nature's finer and higher forces.

It is fascinating to learn how to attune our ideals with the "music of the spheres," and just let ourselves drift smoothly into the soulful feelings and thoughts of rest, peace and harmony; yes, and of joy, praise and contentment.

Woe unto the non-music loving woman. Woe unto that so-called man who is not filled and thrilled with inexpressible joy and ineffable tranquillity when the soloist's sweet rhythm of song—that surge of the soul, bursts forth in its vibratory radiance, rising and falling like the fragrant rose petals on our loved one's breast, heaving with her inspirational rhythms, the music of angels. Yes, it is also the music of the colorful flowers and the brilliant birds.

Woe unto the non-sensitive man who, for sport, deliberately destroys or injures these innocent and happy creatures of Heaven. And woe unto the unnatural woman, who scolds a weak, erring child and crushes out its little life of song. Let each one of us free ourselves from the dark chains and bonds of materialism that has imprisoned our higher mind and sacred souls. May we live in the radiance of color

and music, the chromo tones of love and harmony, and by these finer flushing rays, wash out and eliminate the lower rates of a coarse, inharmonious existence called poverty, ignorance and disease.

Let us forget the selfish, personal, and use the impersonal, "God's likeness," the soulful, rhythmic man.

Friends, one and all, did you not feel the very air you breathe, as well as the walls of the hall quiver, with the singer's soul power of rhythmic music?

Do not the hills and the mountains resound and re-echo when the meadow lark and the mocking bird rhythm their sweet praises and love? Does not the earth as well as the air literally tremble when penetrated by colorful rhythms of music and tone? Nature is sympathetically thrilled when the soul's finer forces are played and controlled by the spirit of *this* or *that* evolved soul. Oh! my friends! Let us become doubly receptive and sensitive to the esoteric, ecstatic and exquisite soul stirring, ultra violet music rays of nature's finer sources and forces and enjoy this ineffable rhythm of the spheres. No emotion, no religion, no worship, is more scared than music.

O! Spring! O! Autumn! Ye are nature's tinted messengers of rhythm. O! Music! Thou art the celestial respiration of the soul's finer and refining forces.

You gaze at a star because it is a mystery and radiant. Do you realize that close by your side, within the soul of woman and in the spirit of man, you have the Heavenly-harmonic touch of the Master of Music and the health beauty—sculptor in the Divine—human temple? What greater mystery, what grander, luminosity, and what soulful radiance can compare with that of God's likeness of a womanly woman and a manly man?

Oh! "Great Master! Touch us with thy skillful hand;" that is, let not the music that is within us be unexpressed.

"Great Sculptor! Hew and chisel us. Let not Thy Form —Thy Image—undeveloped die."

May we be like Thee in type, in texture, in form, in color, in aura and in nature, we praise Thee, oh, our Creator and Friend.

CHAPTER-LESSON No. II
COLOR CURES, ETC.

You have been told in my works—"Vibrations, Lights and Colors" and "Nature's Finer Forces"—that colors function according to their nature or specific rate of vibration—thus the dark grays and murky colors, hues and shades represent and produce suppression, repression, depression and like blackness—a compression, and congestion. Pure colors —express life and joy.

Some Cases of Color Cures at the Stevens Light and Color Institute at San Francisco

The experiments carried out during six years of research work at this institution, which opened its doors as a result of our Therapeutic color demonstrations at the Panama-Pacific International Exposition in 1915, fully emphasizes the foregoing statement relative to the shadows and colors.

While at the great exposition in San Francisco I sensed, as did others with me, the tremendous physiological and psychological effect of colors.

No great exposition edifice or any one thing attracted so much universal attention as the rainbow-colored, glorious "Tower of Jewels," as it glittered and scintillated its color language. It was a gorgeous Cathedral with 100,000 voices singing out their uplifting rhythms, accompanied by the octave of the orchestra symphony of color notes.

For thirty years I have been studying and researching in the color realms, and some years previously as a student in oil colors and music and afterwards in color bacteriology (a graduate under Pasteur's assistant, Paul Paquin of Paris). Yes, for a score of years in the researching and equipment inventing (recognized by nineteen international gold medal awards) of Balsam Color Therapy and chromo waves for the cure and prevention of dis-ease and for the construction and uplifting psychic influences of colors and color air and breath and color tones.

The Author's Color-Tone Lectures and Color-Therapy Treatments at the California International Exposition and Since

I realized that the psychic effects of colors which are equal to or more than even music, drew the crowds instinctively to the harmonious color schemes of the various exhibits. In the Scientific department of the 1915 Exposition, where, as in previous exhibits, increasingly since 1900, our body color projectors, especially the mirror-lined color electric light cabinets and the smaller therapeutic color equipment for local affections—as demonstrated by our staff of six nurses—created a great national interest in this popularizing of colors, as one of nature's greatest and safest curative agencies.

There were three hundred colorful lectures delivered and an innumerable host of people benefitted and hundreds cured of their diseases of "error," by the free clinic held daily at the Stevens Health Inventions Company's exhibit rooms at this Panama-Pacific International Exposition.

The request by hundreds of those benefitted in Central California forced the author to open our Light and Color Institute, which grew quickly from a couple of small rooms on Ellis Street, San Francisco, to the large Institute on Union Square in the very heart of the metropolis, and for six years, with its staff of physicians, assistants and nurses, the research laboratory has been working over time.

Examples of Cures

One of the first cures was that of Mr. Garson, in 1915, who came in with crutches, as a result of rheumatism in the legs—cured by The Light and Color and elimination of accumulated uric acid and murky red foods and thoughts. He returned to work within the month. After a couple of years he went back to overeating uric-acid flesh foods and worrying along until he brought on another attack of rheumatism. He took a month's (three times a week) light and color alternative treatment, and since he has been made over again his old trouble has not appeared. This was in 1918.

Not a single case of rheumatism, or kindred congestions and inflammation called lumbago, neuritis, neuralgia, etc., etc., have failed to be cured under the right Color or Color and Light Therapy treatments; and there have been hundreds of cases at our Institute in San Francisco.

For ulcerated gums, sore throat and swellings, and for minor surgical operations, our Dr. Wm. E. Poole, a physician and surgeon of long standing, and a master 33rd degree mason, used the blue No. 2 rays—exactly the same shade of blue and the same beneficial results as applied by Dr. J. W. Starkey in our Chiropody Department, for sore and injured feet (see "Vibrations, Lights and Colors").

In our Dr. Ella R. Bells' Hydro-Electro-Chromo Therapy rooms, hundreds of diverse cases of cures were reported, many cases of fevers, swellings of all sorts, ulcers, stomach and colon and gland troubles; high and low blood pressure; skin and scalp and nose, throat and lung affections; mental and nervous conditions, sprains, etc.

Dr. Howard G. Ellis, who, as the director of the Electro-Mechano Department, used the Color-Lights in connection with his bodily manipulations and for relieving pain as well as hardened muscles and joints.

Dr. Wm. E. Poole extensively used for nose, throat and lung patients, as did the author, the colored attuned vapors from our selected balsam-ozone mountain trees (see "Vibrations, Lights and Colors").

An Unusual Case

An editor in California came in 1918 for color applications to get rid of, if possible, a mass of ulcers that had covered the whole left leg. It was indeed a horrible sight. He stated that he had been treated by twenty-three physicians in Europe and America, but the disease continued to spread and that only one doctor had given him relief, and if he had remained under the doctor who used a violet color he would have, he believed, been cured. This one-color treatment doctor's office was in Europe; but it was necessary for this editor to return to California. He was informed that there was a place in California that treated by colors, so he had come to see what could be done. The

author produced the local color projector on a metal stand, to be used for fifteen minutes a day the blue No. 3 shade and the mirrored blue No. 2 reflection cabinet, for constitutional, eliminating treatment, every other day. At the end of two weeks the hundreds of sores were healing —the oozing matter had stopped running out, the general health had greatly improved and the crutches were once and for all out of use. In two months he was not only pronounced well, but was working in his editorial office overtime and his friends were all amazed at this wonderful cure.

Gudrum F. Holm, M. D., D. O., one of the Institute Staff (see Vibrations, Page 70), also recorded some interesting cases.

NATURE'S PRODIGIOUS COLOR FOODS

We eat too much white or starch, so-called bread and other denatured materials.

To the Editor of Natural Food, London

DEAR SIR:—My brother, Ernest and myself have given the non-starch diet a two-months' thorough test. Using fruits, nuts, salads and vegetables of all colors. We had been in search of some "elixir of life." As medical students making a specialty in the study of hygienic principles from logical lines, we were startled upon reading your paper placed in our hands, to find that reformed medical scientists had overlooked in their calculations so simple and so well known a physiological fact as that upon which Dr. Densmore founded his natural food discovery. We eagerly devoured your book, also *Natural Food*, and set to work in earnest to experiment. The result is just what we had physiological reason to expect, and indeed were it otherwise it would contradict the plainest universally-recognized facts of physiological science. Had they not been well-established facts which formed the basis of the Densmorean theory, the signal results of experiment seen on all sides, which none can gainsay, are practically sufficient alone to establish them.

GEO. FREDERICK STEVENS.

[N. B.—Written over score of years ago while the author and his brother, Fred, were abroad under the auspices of the Battle Creek Sanitarium, etc.]

CHAPTER-LESSON No. III

COLOR, MUSIC AND PERFUME IN HEALING AND PSYCHIC DEVELOPMENT

These may be used in combination for health treatments or for harmonizing and development. Care should be used in selecting the corresponding or complementary perfume, the same is true with music. One must decide if it is the mental and psychic—the emotional; or the physical requirements that are to be developed.

One must remember that the functioning of two or more senses means a loss in concentration and with a corresponding lessening of the color concentration; usually you find, the exact complementary note or rate of vibration in the music and in perfume. Thus, we have a wonderfully harmonious co-operation.

The Best Method

For the beginner, the color projected waves from the pure, clear, attuned glass, or gelatined, dyed films in combination with the glass plates, as arranged for the projector —the Chromo-wave Normalizer, is the best method.

It is very essential to understand and learn to control the waves of color, music and perfume, as one concentrates; for in the thoughts back of concentration there is a corresponding and co-operating sense-vibration. That is the big factor in the developing, as it is in the healing and constructive process.

All oriental and southern races have recognized the marvelous harmonizing, devotional and psychic potency of music as well as of color. There were schools of music and schools of colors and perfumes established by the Egyptians, Babylonians, Persians and by the Assyrians and Sufis inspirationalists, mystics and healers (soothsayers), even the Indian and the aborigine knew much about the influence, in peace and war, of color and sound rhythms. The same is true in their religions; for devotion and love and love and hate development. Great volumes could be written along these lines; for nature, as well as her pro-

ductions and her inhabitants in the mineral, vegetable and animal realms, can testify to the tremendous power of color and sound and perfume radiance.

Color-Shaded Auras Attract or Repel and Educate Us

All experiences are attracted by our human magnet for some temporary use, or for karma, "to work out," to use, perhaps (if of an uncouth nature) for contrast, or for a chance given to learn more fully the act of transferring and transmuting the environment or condition of one's attitude. We may and can and do attract those who come; but each soul must determine those influences of said coming of a person into his or her aura. Our contact with a personality not so refined, for example, is necessary for observation and contrast, comparison and patience, for discipline and wisdom, and an opportunity to shed our inner, greater radiance and thus learn from a passing experience. We should never make the statement that we were forced to be influenced by some other person. No! No! It is only when you allow yourself to be influenced that you are thus affected.

Learn to Transmute and Develop

We should learn to translate, transfer and transmute all experiences, so that repressed, low and dark rays may become to us bright and privileged ordeals; for, our Solar Sun center searchlight has dispelled and transformed the lower lights by its uplifting force. Do not the rays of the sun dispel the dark rays in all realms of direct contact, and thus lighten, develop and sweeten and purify? Everything, in every realm we contact, is a lesson for our upbuilding, our growth and our greater usefulness. If we let go of our higher, truer or purer wisdom, then, remember, that this misstep or mistake, or so-called "mishap," can be used for a lesson, so that we may not fall down again.

Light and Shadow

These are relative terms; so are *bad* and *good, day* and *night, heavy* and *light.* The bright lights and colors are discerned simply because of the contrast by higher rates of the otherwise lower, slower, coarser rates of electron and magneton motion of matter or substance.

Low or "Bad," Like Sickness and Death Are Different Rates of Vibrations

Evil, like *bad*, is relative good, or is apparent and illusory. Sin is di-viduality, separation, error. It, too, is a relative term. It is the lack of the unity and harmony of Life.

From Octave to Octave, or Death

"Death" means change of octaves, and as change is nature's order for transference and transmutation, as well as for incarnation, it must mean that we change our bodies quickly, instead of in piece-meal, as in our every-day life. Thus, we can reach with our inner eye of reason and discernment, and with the love-light rhythm of a developing life, and not simply through the eye of flesh with its weak and illusive power, to see what reason perceives and the spirit eye recognizes.

Create-Vibrate-Radiate

In Yosemite's sacred forests of nature, where Giant Sequoia Pines, their branches shade, and near the Crystal Lake of Tahoe, where Lilies shine at night in Heaven's White Way, they vibrate and radiate life and service and in these mighty trees, with out-stretched branches of hospitality for birds to nestle—there we find health and joy and the rhythm of praise.

Santa Rosa—Santa Barbara and the Seven Colors

Nature's gardens never fade. The Red and Pink Rose fragrant, where old Sol's rays never end, where the brilliant Yellow Poppy and the Orange blossoms, Green Trees, Plants and tinted flowers blend, and the Blue-Sky Mountain thrills. Here are Indigo Canyon realms, where sweet violets perfume fills.

Electro Magnetonic Chromology

Treats on Formative and Reparative vibratory forces, associated with the collective and recollective electrons and magnetons of an organization we call a body; the rates of vibration per second, representing their potency, their modes or moods, their classification and uses. All fluctuations and variations of vibrations of modes or moods, ease or dis-ease of lower and higher rates are altered and regulated by color cell intelligence.

LECTURE-LESSON IV

STUDY FOR PSYCHIC POWER AND SOUL DEVELOPMENT

By Color-Toning or Attunement

The chromoton-ologist can, and will, command the air and breath to be charged with high color life rays:

By the use of color thoughts;
By the use of color dieting;
By the use of color environment;
By the use of color drinks;
By the use of color scientific equipment.

Color-Hues and Shades of the Chromo-Wave Normalizer:

Use first for five to ten minutes the infra-red for your sedative—The No. 1-a plate; then use for five minutes, for stimulating, red No. 3 plate.

(1) Physical sedatives; Brownish green, Infra No. 1-a; also, Russet Gray, Infra 1-a.
(2) Mental sedatives: Olive-green and Lavender.
(3) Spiritual sedative: A grayish night-blue plate.
(1) Physical stimulants: Red No. 2 and 3 plate.
(2) Mental and psychic stimulant: Light Indigo and Violet Nos. 1-a and 1-b plates.
(3) Spiritual stimulant: Orange No. 1 plate.

N. B.—Many souls respond to the vibratory rates of magenta, plate No. 1, and purple, Nos. 1 and 1-a.

Concentration and Colors

By use of colors or color-tones, without the music tones, in color co-operation, use fifteen to twenty minutes, at one sitting, or reclining.

Normalizing by Colors and Color Rates of Efficiency

In order to become and remain ef-ficient, Nature requires that the de-ficient cells, organs and systems of a

body be supplied with their requisite amount of color rating and color toning or color energizing nourishment.

Normalizing by Colors: Loss and lack of color, spell, in a very vital sense, malnutrition. If we lack red corpuscles, the cells and tissues are hungry or starving for the normalizing red food elements; therefore, by Nature's sign of a colorless skin, we have what has been named anemia—a surplus or congestion of white cells in the blood and skin.

There Is Only One Disease! Its Name Is Congestion

Analyze the one-thousand and one so-called diseases of the body and you will find simply a surplus of congestion, or an abnormal or subnormal supply of color rating cells. For example: If, in the case of obesity, we have accumulated too much of the soft, white, drone-producing elements —as found in the white starchy denatured flour, with its energy-reducing quality and lack of food value—we produce an excess of errors or disease of vibrations.

Temperance and Higher Thought

If, on the other hand, we are again careless or intemperate by over-eating flesh of innocent, wild or tame cattle or swine—whether killed by lustful men at the low-rating slaughter pens, or by cruel and thoughtless, or unkind and inhuman life destroyers, termed hunters, or by ignorant to the higher law of "Thou shalt not kill" sports and sportsmen—the animal poison to human life is the same result. The great rheumatic family of diseases and a score of primary and secondary more-serious affections that prevent or destroy the normal movements and progress of a human soul are sooner or later sure to follow.

Ignorance Is Congestion

As in the physical, so in the mental, the error of unprogressive, unhealthful, below-normal vibrations of food stuff—either in quantity or quality—as distinguished so easily by color and tone, produce the same low-rate colored octaves, which in the mental-physical realm include irritation, fear, worry, hate, strain, strife, anger and the whole family of health-irritating and progress-disturbing functions of brain, nerve and vital systems.

BE SURE AND FIND YOUR LACK BY COLOR CHARTING

Simply learn your deficiency by understanding the language of colors and tones within your body and without, which explains the whole problem and when once understood you have the power of knowledge with you always. Do not delay; so let your slogan be "Do It Now." If you are thus awakened from the negative, slow slumber of ignorance, and turn on the colorful searchlight of thought and "get busy," you will save the health of your body, soul and mind. This is exactly what the author did and this is why he has written to you. This plainly worded lesson, dear soul, you can, may, and will respond to in the same spirit and way, won't you? All the powers of high rating are on your side and within very easy reach of your outstretched receiving hand and heart. You should first learn to map or chart your colors and their tones and know your keynote. You could have this charted for you by a proficient Chromologist or order an extra copy ($1.50 or $2 edition) of this No. IV Brochure, for a friend, and we will include free a questionnaire or chart for you to fill in by pen or type. This may mean the turning point upward in your life.

Plus or Minus Conditions. Study Vibrations

Plus or minus conditions depend on the forces of light and color symbols and signals for their direction, for their functioning; thus, by nature's own language, we should easily and naturally understand all things direct from our own mother nature's language of vibrations.

CHAPTER-LESSON Nos. V and VI

MARVELOUS AND MIRACULOUS COLOR CURES

These cures have not only been recorded at the demonstrating exhibit held by the Stevens Health Inventions Company (at the 1915 World's Fair, in California, and for nearly seven years afterwards) but, also with a host of so-called "incurable cases" at the Stevens Light, Color and Tone Sanitarium, at Union Square, San Francisco; and, by our students among the physicians and healing centers throughout America and elsewhere. Together, with the author's own experience, they have proven invaluable.

For example, No. 1:

Congestion and Its Voice: Pain

In the Fall of 1921 I caught cold, which caused congestion in my kidneys, which were inflamed and red to an excess so that nature pained me, to think, and to do something—and she, as usual, promised to meet me half way. Dr. Ella R. Bell used our Color-Wave-Projector with the red rays and as this simply intensified the red condition I suffered more acutely. I then urgently requested that our Dr. Bell use the special blue rays; this being done, the results were very satisfactory as Mother Nature had released the nerve pressure pain. (Pain is simply Nature crying out and talking to us and in its self is not the disease.) Only two or three applications of these special blue rays and all was well again. A few words about this friend which we call "pain" are apropos:

Pain Is Simply Nature's Signal of Danger

In the first place pain is not the disease but a reminder and a strong, natural hint, and a kind, friendly hint, or suggestion, that traffic is being interrupted, within some organ or avenue, by congestion and complex functioning of abnormal control of electronic vibrations. Pain is simply a Call for Help; so that, just to be treated for stopping the pain, and then to choke it off in some way, instead of removing the cause and trouble which caused the pain, is far worse than to place a "wagon before the horse" in order

to pull off a load. Pain comes when there is pressure on the nerves; then the intelligent nerve cells inform us of the opposition and congestion of traffic within, which, according to their respective rates of vibration we name this or that respective disease, discord, disorder, irregularity, and even a better term, perhaps, *inharmony*. Then comes the red signal of pain which is simply one of the signs and symbol-voices of Mother Nature; color is another to warn us or to request us to think and to do something; i. e., use our higher mental and spirit power to remove the obstruction and cause.

Example No. 2:

INFLUENZA

In 1918, I had a threatened attack of La Grippe. Three days of twenty minutes a day, enclosed in one of our Color-wave mirrored cabinets, brought me back to normalcy; besides, many others were thus cured and some probably saved from an untimely grave.

Example No. 3:

BRONCHITIS, ETC.

An ugly attack of bronchitis and inflamed pleura was relieved and cured by the complementary color to the congested blood-red—namely, light-blue.

Example No. 4:

ACUTE INDIGESTION

For over ten years I had a daily, or several daily attacks of indigestion and at times suffered intensely as a result, accompanied with scalding acidity and pain all around the vital chest organs. I had used soda and soda water, seltzers, magnesia, hot water, ice cream, alkali drinks and a score of so-called remedies and immediate relief pharmacy drugs and dopes, till even red pepper, could not stop the acidity of my stomach. But, a color discovery came to my rescue.

Previously my only relief was, to quit eating and cleanse my digestive apparatus for a few days, and forget all troubles; yes, stop eating and "nearly starve" for a week.

Example No. 5:

"Miraculous Cure"

In the fall of 1919, after a week of strenuous work and mental strain in our laboratory and sanitarium, and with office duties, I went to our Oakland auditorium exhibit of color cabinets and local radiant-light equipment, where I lectured and demonstrated till 11:00 p. m. for ten days. One night I was overtaken with an unbearable attack of acute indigestion, and while crossing the San Francisco Bay homeward I thought I could not live in a sane state till I arrived to take a car or taxi to our institution. I used sodas and deep breathing, but for only a moment's relief and then the fires within again grew hotter and the pain more intense. When I arrived at San Francisco I was exhausted and literally fell onto one of the dressing room cots, wondering what could and would happen next. Then suddenly, as the acid was burning my throat and my heart palpitating and my breathing short from my painful congested chest—a flash-light revelation came to me. The inner voice said, "you are burning inside, because the furnace is fed by fermented materials and by an excess of hydrochloric acid flowing as the result of fermented irritation. Get up and secure your special healing blue projector." I did so, placing the ray close to my stomach and thyroid gland, and in almost less time than it takes to write these lines, the agonizing pain and the congestion gave way and, lo and behold, the acid had turned into a sweetish alkali secretion, and gaseous breath. It seemed too good to be true, but I let the light-blue, with its anti-red-cooling No. 2 ray, remain on the chest ten minutes or more and from this acute attack I was completely cured. Then, with rest and care, I kept improving in health day by day and month by month, and whenever an attack threatened me, I used this same high-rating agency with most satisfactory results. I had never heard of this discovery being made before. My gratitude, alone should and will keep this knowledge before the public.

Example No. 6:

Anemia

When doing too much indoor work I could replenish the red corpuscle by the use of red and green cabinet rays

or by using the Chromo-wave Normalizer, green vegetables, red fruits and outdoor air and exercise.

Example No. 7:

Poison Oak

For this case I used electricity with electric sparks from a violet high-frequency outfit. This irritated and made the rash spread much worse. Then we used the bluish violet rays and the results were very satisfactory. Our medical friends and students report that certain shades of blue to violet like the No. 3 blue or No. 1 violet give excellent results for most skin eruptions, and in venereal diseases of the skin in particular. The results of the chromo-waves of Nos. 2 and 3 blue, are exceedingly satisfactory in nearly all such cases.

Example No. 8. "Broken Shoulder Bone" (Clavicle) and Seven Shoulder Fractures and Severe Sprains Caused by a Heavy Fall on Stones in 1922

In San Francisco, December 8, I met with this serious accident when for one week, on account of the pain and shock, I could neither sleep nor retain any food on my stomach outside of a little ice cream and water or fruit juices. As I was sent to the Emergency Hospital and later confined in the Surgical department of the San Francisco Hospital, I continually thought of the color treatment I had such faith in, but the surgeon and two dear looking, strong nurses, together with my room-nurse (who wheeled me into the operating room on the third day after the accident) encased me heavily in a plaster-of-paris cast, down to my hips, and, for fear I would repel the attack, my right arm was held away and I was held down while my body, including my left arm, was being locked up for three long months—according to orders.

Disobeyed the Doctors, Obeyed Nature

In less than a week, I demanded that I be taken to my hotel room and placed under the care of the same skillful, dear surgeon, Dr. Nolan, and my friend, Dr. Davis—the resident physician of the Franklin Hospital—but not securing the hospital consent, I had my only room-mate, Mr. Taylor, a close friend of Charles Spreckles, the sugar king,

to order, through his bed-phone, a taxi, and have my day nurse, who had previously cut away my under-clothes, to dress me and help my secretary to get things ready for removal to my bed close to my office down at 242 Powell St., the Stratford Hotel. For two weeks and five nights no one knows what I went through with that two-inch thick, heavy as stone, plaster cast bearing down closely on my sprains and broken bones and the swollen parts. Several times I attempted to cut the cast with a saw and large jack-knife, which I secured from a large bureau within reach of my right arm; but with these I could not cut through the cemented plaster wall. The 19th night of encasement I was in such agony and my nurse so weary and asleep on her cot close by that I wiggled around from my seven pillows and held on to my bed post, until I reached over to another drawer where I kept a heavy pair of sharp, friendly pinchers.

This I used vigorously and continually till a lot of cement and sand had piled up on and in my bed; then, Thank God! I felt the great, ugly cast break loose, and by touches of my right fingers this heavy cast wall fell to the floor with a thud, where to the horrified nurse it looked like a corpse straddling on the floor! I will not take the readers' time to hear the hasty dialogue which followed; suffice it to say that the nurse exclaimed with horror, "What will Dr. Nolan and Dr. Davis say?" The patient, your author, replied to the nurse that she could put it back before the doctor's visit each time and to say what was— Oh, so true! that their patient was suffering much less this morning and was resting quietly." We examined the shoulder and found it swollen and dark, the arm ditto.

My Three Great Color Friends

I ordered the canary-yellow rays to relax the pain; the green to glue and knit the bones together, for it is Nature's vital— cohesive, knitting and holding agency. Then we used the blue rays to heal the wounds and bruises. The results were simply marvelous; in fact, so wonderful that the nurses as well as my two eminent doctors, above-mentioned, reported at different times, that their patient had recovered on record time and the "chances were he would

fully regain the use of his left arm," regardless of the fact that there were seven fractures on the shoulder joints and the broken bone above. No other treatments, except, later, a light massage was used, together with the healing thought of my friends everywhere to co-operate with Nature, and my daily slogan: In Nature's way I am getting better and better. The Coué part of this slogan was of course, readily seen: "better and better"; but it was the result of Nature's way with her natural color agents. The Chlorophyle green-patch, was greatly increased by the use of green rays from the color projector and special green salads, eaten. This was a curious and impressive lesson of helping Nature knit the bones together.

ELIMINATE CONGESTION—PAIN STOPS

Canary Yellow Worked Wonders

Not once in hundreds of times did the canary yellow fail in relieving the pain, and, although the author knew much about the so-called Abrams' electronic treatments, he had far greater faith in Mother Nature's higher color-wave remedial agencies. The Thomson-Milliken electronic ideas, followed out by a hundred students of Milliken and other scientists, including men like Geo. Starr White, Dr. Abrams, Dr. Bowers, etc., report some reliable diagnosing and vibratory healing results with some of the scores of somewhat different make electronic machines. Ultimately the electric current will be used with greater proficiency, but the author seriously doubts that the therapeutic effect will ever compare to that of the magnetic healing radiation of radiant colors and tones.

"A Record Cure," "Simply Marvelous"

I have waited just one year after the chromo-wave treatment was started on my shoulder, back and arm, and am, with others, able to state that I am as well as ever—with the 100 per cent use of shoulder and arms; and that by the acid tests of heavy weights and pulls and, notwithstanding the statements of others that I would not, or could not, regain the full normal use of my left arm at my so-called middle age of the prime of life.

CHAPTER-LESSON No. VII

PSYCHIC DEVELOPMENT BY COLOR AND MUSIC

Probably there is no other agency so potent for unfoldment and development of the psychic radiance and uses, as that of the color-tones rightly attuned. Found this true by actual and personal experience and others of my readers and students have found this to be true.

Other More Startling Research Disclosures

One result of my 1920 to 1923 writings and lectures and previously, was to encourage others who are starting along these research lines, especially those with inventive and educational ability. The suggesting and foretelling of marvelous developments are already bringing more practical results, which—with others to be recorded—will awaken and startle the world quite as much, if not more than did the radio.

Astounding Tracings and Records

The author's statements and prophecies are already followed out by magnetic tracings and recorded with seemingly intelligible findings from the fine atmospherical and etheric realms. These movements are being detected by delicately attuned electronic and magnetic recorders; in fact, it is a magnetic detector that is influenced to report the movements of some sort, and different sorts of thought waves—in addition to catching the vibrations of colored and deep-sounding materials in motion in the earth and water, and at a great distance.

More Data for the Public

Those who are especially interested, and can be patient, will have more data of these researches in the not-great-distant future; and this either before or soon after the writer returns from the Canadian West where these experiments and researches with his co-operation are now in progress.

Odic, Auric and Color Laboratory

For my 1924 trip to Southern California, somewhere between Santa Barbara and San Diego, the writer antici-

pates opening a research laboratory, especially for investigating and developing the odic lights and their potency and colors. The same is true of the auras, and for harnessing these forces and that of the ordinary outdoor colors of nature, for their service to humanity. This is all a great and wonderfully fascinating field for all educated students, and there is surely no danger of a normal person becoming lonesome or suffering with "murky blues."

Nature's Finer Forces, and Transmutation

A friend relates the following, which seems apropos: In a garden he observed a bit of ground, several feet square, on which there was no sign of vegetation. The soil was of clay and barren. It had become wet by the rain and baked by the sun until it was as hard as a brick. In the center of this small field was a round bulb-shaped projection, displaying cracks in the earth's surface, leading to the little mound. My friend carefully removed the heavy cracked pieces of baked soil to discover the underlying power that was operating below, and which was able to break the hard, heavy crust of earth. He was surprised to find a single sprig of sturdy asparagus plant. After this same manner, do the finer forces of Nature with light and refining forces above, break away the darker, lower limitations of a physical and incrustatious sensual plane of existence—thus by transmutation of energy to a greater manifestation and outward expression of light, color-tone and attraction.

Transmutation and the Higher Life

Nature transmutes from the bowels of the earth for higher expression and spiritual power. May we take a lesson from Nature, relative to our material realm of sensation, impulse and expression; and then transmute into Master Mind Soul-forces that which the ordinary or common-clay human animal allows to descend and waste in more or less riotous and sensuous misunderstanding—in misuse and abuse and lack of control—for higher revitalizing, rejuvenating, recreative, joyful and peaceful, magnetic rhythms and radiance of a more charming and real life. Transmute the sensuous appetites and cravings into the magnetic, healing and finer-thought forces.

CHAPTER-LESSON No. VIII

THE COLOR-TONE RHYTHMS OF SOUL-FRIENDSHIP

Its Philosophy and Science, Theory and Practice, Its Powers and Joys

Friendship is a fragrant pink rose-blossom of the soul; its roots lie deep; it is refined and refining, it is as craving as the Spring flowers and as hungry as the crocus of Autumn; it is more beautiful than California's golden poppy, and as delicate as the wild orchids of the Southland; and it is as strong as the Sequoias in the Sierras.

Friendship Is the Law of Youth and Life

Spiritual friendship is the Gibraltar of the soul—the rock of ages; its color-realm is the balancing of seven colors, while its sweet tones spell harmony. Friendship is sweeter than honey and more nourishing than milk. It is the cream of the milk of human kindness plus, the praise-song of the angels. Loneliness and thought are the dews that water it morning and eve. Memory and absence cherish it as the balmy breezes of the South. Its companions are color-tones, music and gentle flowers; while the brier of physical love withereth by its side. I have seen it budding in beauty and ask not its name; though every chime should echo its soothing tones within. If the friendship of the heart is once blighted it buddeth slowly again; yet may thought look back over its previous affections, where dim notes of that pleasant song have been heard; where the hot siroccos of the world, withered by its love oasis, for lack of the refreshing dew-drops of thought. Friendship is the salutation of the spirit to the soul. It is the very life-blood of true happiness. This delightful Spirit-element of sentiment, of feelings and action, enters into the best, highest and purest joys on earth.

Colors, Music and Friendship and Law of Correspondence

Do not try to make, but discover our real friends of prismatic and rhythmic harmony; and, as like attracts that

which it likes, and "as within so without," we can, and do, attract our friends without effort. Then we are ready for this illuminating radiance, called the "Music of the Spheres," beating time with our soul's heart-throb, we march triumphantly through the avenue of the ages.

Nature's Flowers and Fruits in Our Garden of Friendships

In the electro-magnetic explosion of ecstasy, we realize friendship's embracing and love expressing of the roses and tulips of our sweet, sacred garden of sentiment and emotions; nothing more beautiful than to be pure and spiritually natural.

Spectra Colors of Diamonds and Opals

Who is not intoxicated with the wine and rose hues of the diamond; the green absinthe of the black diamond rays, the prismic colors of the sparkling white diamond, and the spectra hues of the brilliant opal?

Why not understand the universal language and marvelous uses of color in every realm and family in Nature? Say with the author, "I will. *We will.*"

Human Progression

Dedicated to the Memory of "Perpetual Youth."
The babe in the cradle, feels.
The child in his teens, thinks.
The youth in his thirties, has an idea.
The man in his forties, invents and creates.
The middle-aged man, constructs and reconstructs.
The man of seventy to ninety, reflects and rejuvenates.
The man of one-hundred, rests; takes a vacation.
The man of one-hundred and fifty, is surely an advanced thinker.

An Inspirationalist's Ideals and Ideas

(1) This is the golden age and the hour of opportunity.
(2) A scientific book grows in proportion to the growth of the reader's mind.
(3) Those who can receive and believe, will also conceive and achieve.

(4) Music and Color-tones } are Nature's harmonious vibrations and the universal religion.

(5) Color-tones and Music } are to the heart's emotions, like mountain-air to the respiration and circulation.

(6) What makes the red sunset? (See "Vibrations, Lights and Colors.")

(7) "A rolling stone" represents energy. Some say "A rolling stone gathers no moss," but who wants to be or have a mossback?

(8) The soul's inspirational expressions, give both speaker and audience, an hour of opportunity.

(9) Remember, that the flowers of Silence and Receptivity in the Garden of Co-operation, will produce fruit on your tree of life.

(10) The power of color and tone for healing and harmony is simply marvelous.

(11) If mathematics is formulated logic, of forms and numbers—dried; then music and color are liquid rays of harmony.

(12) Be in Tune with Your Temple, and Its Color-Tone Rhythm Organs.

(13) Do you know that the normal pulsation in your body is on the octave idea of Nature? Yes, it rhythms thus 1111 and 111, again 1111—111 and 1111—111 (7 "and" 1—the octave).

(14) Find your keynote by a musical instrument or by intonations, till you discover your favorable and most natural keynote, and color harmony.

Human Progress—Real Vibratory Rates of Value

The great thing is, to understand, control and transmute the lower or animal tendencies and surplus, in the human, by the higher, finer, super and refining octaves of the evolving, revolving, vibratory rates of thought.

No soul or mind feature should prevent the realization of the reality values of the spiritual-energy thought-urge, originating from the Great First Cause, as the individual is developing and balancing.

All available agents associated with, or related to, electronic, magnetonic and spirit or energy-thought realms, should play their part, like so many instruments in an orchestral symphony, and all being attuned to play in perfect harmony.

Value of Seeing and Expressing

The greatest thing an advancing soul can do, it seems to me, is to cultivate the searchlight eye of perception, to see that great Universal Thing within the soul and back of even the thoughts and feeling realms, and learn naturally to express our real selves. John Ruskin says, hundreds of people can talk to one who can think, but thousands can think to one who can see. To see clearly is poetry, prophecy and religion.

Synopsis of Address on Art

March, 1912.

The Three Arts Club (Color, Music, Drama) of Philadelphia, Pa. E. J. Stevens, Ph. D., Secretary, one of the several organizers of this nationally known Art Club with its spacious and sumptuous Chestnut St. building.

True art knows no aristocracy, for art is God, or rather, good, expressing God, and God is a religious term for Nature's Creator. Art is the idealization of Nature.

Art is limitless and cannot be confined; though I have heard of some who think they alone possess art, but such have been Whistlerized. Whistler, the American painter, considered all other artists, as well as people, mere ignoramuses, who had no appreciation of true art! And no right to an opinion on the subject!

True art inspires a responsive brotherhood. Play the game, then, and do not block the game by any selfish motives. *Be loyal* to the cause. When you are up—have your hand ready to help others; and when you are down, reach up and grasp the outstretched hand above you, for it is not what a person *takes out* of the World, *but* what he *expresses* and *puts into* it, that makes for art and success, and *is* the *true test of value.*

Art is an expression of Nature. Expressed through the commonly called five senses, and through the classified and unclassified inner senses. (Though, in reality, there are seven physical and seven special mental senses.)

"We work in the real, but we *live* in and for the *ideal*," and this year's ideals should be next year's ideas.

Effect of Light and Color on the Cells of the Body

Palmer House,
Chicago, Ill., Jan. 5, 1924.

My Dear Doctor Stevens:

Elmer Gates of Washington, early in his scientific explorations, procured a large number of puppy dogs before their eyes were opened. A few of these were kept in total darkness for a number of months; a few more were exposed to the light of day half of the time; a few more to daylight at all times; yet others were trained to select a platter of a certain color from a row of platters of varying colors; while yet others were taught to select a certain shade of the same color, out of a long row of platters of varying shades.

MARVELOUS COLOR RECOGNITION BY ANIMALS

He killed a sample of each class of dogs and made an accurate count of the brain cells associated with the origin of the optic nerves in each case. A dog who had never seen the light of day had but few cells in the corpora quadrigemina, while the dog who could select his shade from a long row of platters of the same color, but of varying shades, disclosed a prolific cluster of brain cells in connection with the origin of the optic nerve. The dogs between these two extremes demonstrated brain cells varying in number with exact proportion to the degree of lighting and optic training which they had received, thus demonstrating in the case of optic nerve at least, the vibratory action of light upon the nerve terminals resulted in development of brain cells at the origin of the nerve. This was a great step in the study of the development of brain cells throughout the cerebral spinal nervous system by way of appeals made to the nerve terminals.

Fraternally,

E. C. PRATT, M. D.

Reprint from Chicago Herald, January 5, 1924, and presented to Author

Color Waves to Cure Disease

Surgeon at Woman's Hospital Insists Cures in Many Cases Are Recorded

BALTIMORE—Claims of cures by means of the direction of concentrated vari-colored light waves on the bodies of diseased and injured patients were made by Dr. Kate W. Baldwin, who lectured at the Maryland Academy of Sciences. Dr. Baldwin is senior surgeon of the Women's Hospital of Philadelphia.

Throughout her lecture, which was illustrated by stereopticon views of cases she treated, Dr. Baldwin cited remarkable results. One case she recounted dealt with treatment of a tubercular patient.

When the patient came to her, she said, he had been told he had less than a month to live. Under treatment by this method, she said, the patient's condition improved and he is living today.

Tells of Child's Case

Dr. Baldwin then told of the case of a child who had been burned when a lighted candle ignited her clothing. Her life was despaired, she said, and only as a last resort was the light method used. Dr. Baldwin said the girl was cured.

Cases of appendicitis responded to treatment and forestalled the need of operation, Dr. Baldwin said. A man who had suffered from hiccoughs for ten days was brought under her observation, Dr. Baldwin said. Within seventeen hours, she declared, and after only a few applications of light waves, the man was cured.

Hay fever, Dr. Baldwin said, yielded almost immediately to the treatment. In other instances, she declared, persons have come to her before going on vacations and have been immunized against hay fever.

Aid to All Ailments

All the ailments of mankind, Dr. Baldwin said, can be cured or relieved greatly by the application of light waves. In some cases, she declared, she had added the use of drugs to the light method, but only because she feared the accusation of negligence.

A 1,000-watt incandescent light, Dr. Baldwin said, is used to project the light waves. Secret of their application, she said, lies in the correct usage of colors and their combinations. Some colors, she explained, stimulate the organs and tissues, while others act as a sedative.

Dr. Baldwin says that the chemical action and reaction of the body to the treatment is the same as to drugs, but is harmless, quicker and more exactly administered.

PART II

AN INSPIRATIONALIST'S OVER-FLOW

In Rhythmic Free Verse

Roses in Seven Colors

Deep Red roses ray, with passion;
Orange-pink suggest, I'm your friend;
The Yellow rose whispers, caution;
In the White rose, all loves blend.
The Green leaves spell, cohesion;
And the Bluebell-tones, ring true;
While Indigo breathes devotion,
And Violet is Heaven's own hue.

* * * * *

SHIPS

Dedicated to My Friend, Dr. J. D. O. Powers

There are grand ships of state and of nation,
  There are winged ships that trail the blue sea;
But the grandest of ships in creation,
  Is the friendship within you and me.

There are great ships that plow through the ocean,
  There are great ships that fly through the air;
But the greatest of ships, to my notion,
  Is friendship of a true, loving pair.

* * * * *

There are kinships of blood and of mating,
  There are kin that seem strangers to me;
But the dearest of kinships and rating,
  Is the God-life of souls pure and free.

There are strong ships of freight, now in motion,
  There are sail ships on lake, sea and bay;
But the mightiest ship in Life's ocean—
  Heaven's friendship to pilot the way.

'Tis in the Sacred Silence, God Speaks

In Sacred silence, is the union of an inter-union, and the service of infinite and unlimited supply.
Ideas are magnetized ideals, and ideals come from the Sacred silence of the soul.
Silence is the inaudible voice of Nature.
Sound is the voice of the ears of Nature.

* * * * *

THE SACRED SILENCE

In Our Garden of Feeling

In sweet silence we sit in our Garden of Feeling,
With purest thoughts, that unfold from the soul;
We feel potent forces among us, now sealing
Our soul-sacred thoughts, transforming the whole.

Let us cast out all weeds from our Garden of Feeling;
Plant seeds of love, cultivating the graces;
This silence—so sacred—is soul-beauty, appealing;
It blossoms the Christ Life, brightening dark places.

* * * * *

More Extracts Taken from the Luther Burbank Letters

Dear Dr. Stevens: Santa Rosa, April 21, 1923.

Yours from The Biltmore of the 15th received. I do not wonder that you long for California. We are just escaping from the terrific strain of letters and visitors and hope to have a few days leisure this summer.

I hope you are recovering rapidly from your accident. Don't kill yourself writing for the magazines . . . Keep your eyes open for Hearst's, June issue.

I thank you heartily for the promise of your new book I ordered and with best wishes.

I remain faithfully,

Luther Burbank.

May 14, 1923.

Dr. Stevens:

The new, larger and improved book, "Light, Color-Tones and Nature's Finer Forces" received. . . .

Faithfully yours,

LUTHER BURBANK.

This letter was preceded by my friend, Luther Burbank's large photo of himself.

Jan. 10, 1924.

Dear Dr. Stevens:

I have to thank you for these magazines with your interesting articles. I receive at times, two thousand letters a week and eleven to twelve thousand visitors call per year! . . . Mine is the most complicated work in the world. . . . Am sure you will pardon me for not writing more fully.

Faithfully yours,

LUTHER BURBANK.

HEALTH MAXIMS AND INSPIRATIONS

YOUR "INSPIRATIONALIST'S" "SAVING GRACE OF HUMOUR"

While it is a "stitch in time"—
that saves nine,
So nip a cold in the bud—
to be sure.
While errors of disease may—
become a crime,
Preventive treatment is—
better than cure.
My friend: It is NOT the—
dreaded coffin
Or the hearse, that takes—
so many off in
But it is that horrid cough—
you're cough'n',
Which you caught, that—
takes us off, more often.
So, then, it's by knowing how—
to breathe in

With dear Mother Nature's balms—
so healing
That we'll inhale, to cure—
our tract in
Through "The Stevens Pocket Vap"—
inhaling.

* * * * *

Color-tone and music are, to the sentiments and emotions, what the ozone-air and breathing are to the lungs. Let there be light for the breath and spark of human life.

* * * * *

Inner Eye and Dynamic Force

The searchlight, or perception organ, is located in a chamber back of and near to the pineal gland connected by nerve-cell-wires. The gray creative electro-magnetons of the upper brain are above this center or inner eye, which is lighted and magnetized by the gland which is the "great-little" dynamo that gives force to the mind, etc.

* * * * *

(With my respects to the other writer)
There is so much devilish in the best of us,
And so much angelic in the worst of us,
That it does not behoove many of us
To judge much about the acts of any of us.

* * * * *

(With respects and apology to none)
Time is precious,
Time is sacred,
But it would be more sublime
If we were not kept so busy,
Making money all the time.

RHYTHM AND GRACE OF HUMOUR

Rhythm of Laughter

Man is the creature that was made to smile and laugh, and as science teaches that the rhythm of laughing is a sure boon to health, it is a sin for us to substitute drugs for laughter.

Laughter increases the blood circulation and elimination.
It strengthens the heart.
It jiggers the diaphragm and spleen.
It promotes the circulation of the secretions and exertions.

Beware of preachers who have no sense of humour; they are not exactly human. We quote the following:

Keep your chin up, chest out and stomach in.

Don't take your troubles to bed with you; hang them on a chair with your trousers or drop them into a glass of water with your teeth.—*Health.*

* * * * *

Is hearing or discerning the organ of spirit? Is seeing or perceiving the organ of light?

* * * * *

Sweetheart-Colors

With Compliments to our true friend Riley (E. J. S.)

O childhood days enchanted!
The magic of the spring,
With all green boughs to blossom white,
And all bluebirds to sing!

I give my treasures to her all,—
My pencil blue and red,
And if the little girls played marbles,
Mine should all be hers instead.

But she gave me her photograph,
And printed "Ever Thine"
Across the back in blue and red—
That old sweetheart of mine.

—*C. M. W.*

* * * * *

Smile and Rhythms

"Smile and the world smiles with you,"
Weep and you cry alone.
Sleep and the world sleeps with you
Snore and you snore alone.

" 'Tis worth while to smile; others smile,
Soon there'll be miles of smiles,
Smiles and smiles, miles of smiles,
Won't you smile? Yes, smile.
Laugh and the world laughs with you,"
Grin and you live alone.

* * * * *

"Red Hot Love"

Press me closer, all mine own,
Warm my heart for thee alone.
Ever responsive thrills,
Each caress my being fills;
Rest and peace in vain I crave,
In ecstasy I live, thy slave;
Dower'd with hope, with promise blest,
Thou dost reign upon my breast;
Closer still, for I am thine;
Burns my heart, for thou art mine;
Thou the message, I the wire,
I the furnace, thou the fire;
I the servant, thou the master—
Roaring, red-hot mustard plaster.

—*Burdette.*

* * * * *

A Red and White Rose

The red rose whispers of passion,
And the white rose breathes of love;
O the red rose is a falcon,
And the white rose is a dove.

—*John Boyle O'Reilly.*

* * * * *

We have always to be most careful with the exterior, in order to enjoy the grandeur of the interior.

Expression always deepens impression.

Suppression and depression are divorcees of expression. The latter is to exist (out of ist or *is*, or out of living).

Expression spells life.

If expression is better than suppression, repression and depression, then, is not reflection, selection and direction, plus service, greater than simply self-expression?

The difference between aspiration and inspiration, as well as the difference between pessimism and optimism, is the difference between the humid East and the golden West.

(The Author is a Californian by choice.)

* * * * *

The secrets of light and darkness and that of life and death, are embodied in the relationship of aspiring, perspiring and inspiring, as well as suspiring, retiring and expiring.

* * * * *

Love, hate, hope, fear and ambition are the great instincts and emotions of human life. Spiritually and inspiration are inter-united and intuitional.

* * * * *

Why wait so long to enjoy the great Heaven beyond,
Prepared for those who are patient and good?
Why wait to plant flowers on untimely graves,
When all may enjoy intended Heavens of rest and comfort here and now?

* * * * *

My friends: "He who hath penciled the leaves with their exquisite beauty, hath given delicate color and perfume to the beautiful flowers, hath lent music to the lay of our gentle birds and hath blended sweet harmony between the innocent little blades of grass and our friends the lofty trees, with their outstretched arms of hospitality," will bless us, far more abundantly if we simply and naturally follow out our Great Master's concepts and examples, while we live here below, enjoying "The breath of Life" in this earthly Garden of Eden.

(*Climax to my Municipal Park Speech, Philadelphia.*)

* * * * *

An Inspirationalists' Ideals and Ideas

Some will share a half an apple or Florida orange, others will give you the only sweet California orange they have, and another person with two oranges will eat one and keep the other for himself or hand you a lemon.

* * * * *

Education is a process for developing the spiritual ego or seed and human soul, to a greater consciousness for service.

(One of three verses dedicated to Ernest J. Stevens by his assistant secretary, Hannah B. Yeckel)

Sweet is the scent of the rose-heart;
But sweeter thy fragrant forgiving;
Soft are the velvety rose-leaves;
More softly thy kind accents falling;
Bright hues encircle the rose-queen,
Yet fairer my dreaming for thee.

* * * * *

I have been keenly sharpened on the grindstone of disappointments and have crept, crawled and walked in the university of hard knocks and sorrow, and have taken post-graduate courses in so-called "great sacrifices." But one of the dearest of the many beautiful pictures that hang upon the walls of my memory is the recollection of the time when I knelt to pray at my bed, by my mother's side.

* * * * *

Hour by hour, and minute by minute, so live, that when the final summons comes you will leave in this world far, far more than an "epitaph on a tombstone, or an obituary in a newspaper." Live the radiant life.

* * * * *

Your "reputation is what people say about you." Your character is what you sister, your wife and your neighbors know about you.

* * * * *

Bring your appreciation and sympathy to a practical basis. If you took more care of yourself physically, you could enjoy more spiritually.

* * * * *

Spirituality is the light, whereas morality is only the polish.

* * * * *

Home is the place we love to enjoy, and enjoy to love.

* * * * *

Ideal character needs no epitaph. Character cannot be buried, burned (or cremated), for it has a spirituality.

* * * * *

Some psychologist healers are like some drinks; strong on intoxicating suggestions, but weak on high rating curative therapeutics.

True religion is in our soul, not in going to mass, or by going to prayer-meeting, and your priest or preacher cannot save your soul. YOU have to build character.

* * * * *

The man who is selfish has few friends. He is poverty stricken, lonesome, grouchy and a hard shell-fish.

* * * * *

SIGNBOARD OR PATH OF WISDOM

For advice and sympathy, go to friends.
For money and books, borrow from strangers.
For little or nothing, go to relations.
For power, thought, wealth and joy, go within.
And lastly, learn to be self-reliant and to discriminate.

* * * * *

Dis-satisfaction leads to dis-ease.
Un-satisfaction leads to success.
Dis-contentment leads to con-tempt-ment.
Con-tentment leads to confidence.

* * * * *

To work alone,
To live alone,
To play alone,
To exercise alone,
To pray alone and to eat alone—is to grow old.

* * * * *

A home, some land,
Some fruit, a friend,
Spells health and joy
Until the end.

* * * * *

RAINBOW COLORS AND THE ROSE

If, the red rose, whispers of passion,"
And, "the white rose, is a dove,"
Then the pink rose, breathes of friendship,
While the white rose dreams of love.

* * * * *

But, my roses have rainbow colors,
With green stem centers to blend;
An octave of exquisite radiance,
And an ultra-violet end.

Ah! I'll bring her a cream-white rosebud
"With pink on its petal tips,"
For, her passion—love, which spells friendship—
Has a natural pink on her lips.

And this soul that is strong and dearest,
With ideals so high and so true;
Has a passion for colors and music,
And a love for Heaven's sky blue.

Why! She makes me dream of the flowers,
And the dear old trysting spot,
'Twas under the silvery moonlight,
In that sweet, home-like garden lot.

Science of Atomic Inhabitants

The flashing positives are electrons.
The raying negatives are magnetons.
"Proton" is used when the magnetons are in the majority, or, by some writers, it is used instead of the author's idea of "magnetons."

The elements that are balanced in the number of electro-magnetons are in harmony and those of less electrons or magnetons are unsatisfied and unsettled.

* * * * *

Flashlights

O! my wonderful mother, my adorable sisters, once flowers on this beautiful "green earth," now shining stars in the invisible celestial White Way of this Universe! We cleaved to earth, now our ethereal souls cleave to one another as light cleaves to light and love cleaves to love; even as the pure snowflake clings to its own, our pure love attracts and lives and lasts; thus, with soul and spirit bound friends.

* * * * *

Spirit Colors and Four Rays of Life

O! it is of spirit to spring forth the four basic rays of Love, Light, Life and Liberty—attracting intelligence, emotion and reason.

In human or divine love—there is an ecstacy of the magnetism of feeling; in light, there is an ecstacy in be-

holding radiation. In life, there is an ecstacy of uniting vibrations. In liberty, there is an ecstasy in the freedom of will and reason. Thus, the individual is found in his creative intelligence; then each succeeding spark of his individuality adds to his flame-light of the ideal, real man. So, if need be, bend your wish-bow and drive the arrow of imagination into the will of the conscious mind and behold the soul's central eye of realization in its *Heaven within;* this is our "mark of high-calling," i. e., of course, scientifically speaking, "high-rating."

* * * * *

What Is Prayer?

I often say my prayers,
But do I really pray?
Or do the dictates (octaves) of my heart
Express what I should say?
As given the author by his
—Uncle William Stevens, Fall of 1923.

* * * * *

An Octave of Vibrates

1

If you vibrate as clay,
Be a brick.

2

If you vibrate as a stone,
Be a loadstone.

3

If you vibrate as animal,
Be a cow, a horse, or a shepherd dog.

4

If you vibrate as tree,
Be an oak or an 8,000 year California Sequoia.

5

If you vibrate a flower-plant,
Be a rose, a lily, an orchid.

6

If you vibrate as grass,
Be a whole grain of wheat—the staff of life.

7

But if you vibrate as man,
Be sensible, natural, sensitive and attractive.

8

And, if you are woman, vibrate as
love, life and light.

The Moral

If you vibrate ideals, be colorful, musical, joyful, and helpful. Be super-man; the thinker; the knower; the lover.

* * * * *

Creative Thoughts Fulfilled

Do you ever think—that thoughts we feel,
Are deeper than the thoughts expressed;
And are training ideals real?
And just what we think comes true?

That all our hopes, and love and dreams,
Inventions, thoughts and plans, it seems
In time will be unsealed?

For, even the thoughts our minds now see,
Are radiant lights of things to be,
Of our thought-creating soul.

That sometime, somehow, somewhere,
In Nature's way, these thoughts we've sown
Will surely be revealed.

* * * * *

The Soul's Vibration

We sow a wish—reap an urge,
We sow an urge—reap a breath.
(See "Vibration," Page 46, for complete poem.)

* * * * *

Past, Present and Future Light

Dear Soul! This earth seems dark and sad, to some;
So black that they see not the shining sun;
They know not that the rainbow's rays, so bright,
Will soon join hands to reach Heaven's gates of Light.

Art thou a Day Dreamer?
Dream on.
Art thou a Truth Searcher?
Search on and on.
Art thou a True Lover?
Love on; Live on; Last on.
For the Spirit-Creative energy called *Love*, is the Mighty and "Almighty" force in Nature.
It is the Magnet of Attraction.
Love is the Master, Human and Character Analyst.

* * * * *

VIBRATE—CREATE—RADIATE

Dear Living Soul—May your Spiritual urge express thy true self, and Vibrate—VIBRATE—VIBRATE.

Friendly Soul—May your creative spirit within conceive, and Create—CREATE—CREATE.

Precious Magnetic Soul—Divine Radiant Sun; May our Heaven within ray out and Radiate—RADIATE—RADIATE.

* * * * *

Great God! The Universal Creative Intelligence—We pray thee—Open our eyes.

Great Spirit! The Universal Sunlight—Inspire our thoughts.

May we, as creative, radiant souls, use our perspective searchlight, and thus reach out, broaden out, and *Live* and *Love* and *Last* and enjoy the Peace and Joy which passes all understanding and beyond weak words to express.

* * * * *

My Friend: The world is dark with grief,
So dark that men cry out to Heaven.
Who knows but that this darkness *is in man*
And that the doors of night—
May be *the doors of Light?*

* * * * *

If there were no darkness or wrong or lower rating, there would be no active light or right, for our *best* light *now* is not next year's light.

Her Aura

Last night as we sat in the auto
And sped on our way all alone,
My thoughts vibrated with radiance,
As radiant as a diamond stone.

'Twas then I felt the true aura
Of a high rating human love;
Her face was brilliantly lighted,
Her soul was as white as a dove.

Her voice was Heavenly music,
Her breath was as sweet as a rose,
Her thoughts made me think of angels;
May God bless her, wherever she goes.

* * * * *

Nature Speaketh in the Night

Nature speaketh in the darkness
In the silence of the night,
Speaketh calmly, sweetly, truly—
Thoughts of life and love and life.

What she whispers in her darkness,
What she telleth in the night,
Thou should *tell* it, *use* it, *serve* it;
Thou should use it in the right.

Nature speaketh in her darkness—
From her store-house of the deep;
Giving strength and health and comfort—
From the silence of the sleep.

Speaketh in her depths of silence
From her treasure mines of gold,
Thoughts and words and ideas precious
For her students to unfold.

* * * * *

Sunrise

Nature bursts in Crystal splendor
On the rising of the Sun;
Nature in her prismic colors,
Tell us, that the night is done.

Light and colors can never err, for they kindle the light of thought with the Spirit's searchlight.

* * * * *

Light has a flashlight consciousness, for it can travel around this earth in waves of many times a second.

* * * * *

Vibration, or color and tone rhythms, come within a handshake. It expresses your thoughts. It is an Aura-analysis.

* * * * *

Love unexpressed cannot be mine;
For love repressed makes souls repine.
His love expressed—is her love divine.

* * * * *

Love unexpressed spells repression, suppression, depression and congestion. Thus, congestion spells disease; while expression puts one at ease and in tune with kindred thoughts and souls.

* * * * *

Within ourselves the Spirits urge;
" " vibrations surge;
" " electrons fill;
" " magnetons thrill.
Within ourselves the atom dwells;
" " music swells;
" " sunshine plays;
" " rainbow rays.
Within ourselves are forms and sound;
" " " cells around;
" " " organs, brains;
" " " tissues, veins.
Within ourselves are odic lights;
" " " aural sights;
" " " wireless winds;
" " " radio minds.
Within ourselves are visions clear;
" " " ideals dear;
" " " voices known;
" " " ideas grown.

Within ourselves a world we meet;
" " the God we greet;
" " the Heaven we live;
" " the Life we give.

About the larger world without,
The one we talk and prate about
Without the inner world to win,
Our Soul's distress in discord's din.

* * * * *

ATMOSPHERICAL AND ETHEREAL

Vibrations and Rhythmic rates of Healing are associated with *The Thinking Stuff in Nature.*

* * * * *

Where do the Inventors get their thoughts? Where the Researchers? Where the Poets? Where the Artists? Where the Healers?

* * * * *

The Atmosphere is full of Active, Creative, Healing Intelligence; it contains the Thinking and Feeling Stuff.

BACTERIOLOGY

BACTERIA, MICROBES, BACILLI AND GERMS

A Medley, a Parody and a Comedy on Germs

As gotten out inspirationally within a few days to deliver at the graduation exercises of the Medical Missionary Society, years ago, in connection with my valedictory address for our class previous to going abroad under the auspices of the Battle Creek Sanitarium.—The Author.

PART I

BACTERIA—MICROBES—GERMS

Life is real; life is earnest,
But it would be more sublime,
If we were not kept so busy
Dodging microbes all the time.

PART II

"Sister kissed me when we met,
Jumping from the chair she sat in"
And I knew that I should get
All those awful things they name in Latin,
Not a micrococus, not a bacillas has missed me.
Microbes, germs and all, because, sister kissed me.

PART III

Micro-Organisms

These creatures are known by four general terms,
Bacteria, Microbes, Bacilli, and Germs.
The species are numerous, many we know,
Since Pasteur's discovery some years ago.

Each germ has a life, yet so crude and so low,
They'll thrive where matter decomposes, and grow:
So small are bacilli, they cannot be spied,
Unless by a glass they are much magnified.

Bacilli resemble the smallest of rods—
Containing the spores, as oft found in pods,
The Spirrilum being of screw shape and queer,
And the micrococus resembling a ball or a sphere.

Some increase by fission and some by the spore,
And others double by twos and more:
All "increase and multiply, like Abram's seed";
And all were created to fill a great need.

These microbes are found within doors, and without,
In water and air, they are floating about;
They are found in our food, each germ of its kind,
They enter our bodies, thus dulling our mind.

When man was created, did eat and did sin,
These creatures they found him as well as his kin:
In fact as our bodies are dying and dead,
Germs change them to dust, and thus they are fed.

Germs act so eccentric and they are so small,
That searching to find them, is no fun at all,
Some hundreds could crawl on the head of a pin,
And thousands will die in a mug of old gin.

No mouth and no stomach, yet live they, and grow,
They breathe and they sleep and they play to and fro.
How this is accomplished, 'tis God only knows,
Yet some are our friends, while others are foes.

There are found, so many in high and old cheese,
That if you should fancy partaking of these,
You'd best have them cooked, if you value your ease.
Understanding this right, it means you'll not sneeze!

Bacilli are found in the milk and the mace,
On hands and on feet, and on lips and the face;
So watch all your foods and the milk which you drink—
Cleanse often your cistern as well as your sink.

'Mong the new germs discovered are those of La-Grippe,
Which most people fancy 'tis better to skip,
To shun this disease you will surely do well,
And keep the old sexton from tolling his bell.

Then open your windows and let in sunlight,
And air pure from heaven by day, and by night.
And soon you may know to your greatest delight,
That germs and bacilli have taken their flight.

PART IV

We have boiled the drinking water,
  We have sterilized the milk;
We have strained the prowling microbe,
  Through the finest kind of silk,
We have bought and we have borrowed
  Every patent health device,
And at last the doctor tells us
  That we have got to boil the ice!

PART V

A PARODY

CHARGE OF THE LIGHT AND COLORED BRIGADE

Germs to the right of them,
Germs to the left of them,
Germs to the front of them,
  Volleyed and thundered.

Microbes on top of them,
Microbes at the bottom of them,
While microbes at the back of them,
  Volleyed and thundered.

Bacteria all over them,
Bacteria all under them,
Bacteria all around them,
  Volleyed and thundered.

Bacilli inside of them,
Bacilli outside of them,
Bacilli all about them,
  Volleyed and thundered.

Boldly they rode and well,
Into the jaws of death,
Into the mouth of hell,
But, more, than six hundred!

PART VI

If a body meet a body coming through the rye,
Can't a body kiss a body for fear of bacilli?

PART VII

They say, "Germany has its germs,"
And that Paris has its parasites,
Our New Jersey has mosquitos,
And in Ireland, Mike grows (mi-crobes).

PART VIII

Do you long for a land where the germs do not grow?
A land where the crystal streams quietly flow?
A land of sweet music and light and pure love?
Then ah! it is only in heaven above.

Doctors and Their Types, Three Classes

(Study Human Analysis, which Reads Human Nature)
The following information was related to the author, by a doctor friend in Chicago, recently. Actual occurrences.

"Some Doctors are honest, some think they are honest, while some are dishonest and know they are dishonest." Making a study of and classifying doctors is very interesting. So far this classification comprises three types.

* * * * *

First: Those splendid, sincere, honest physicians who are possessed with wisdom and good judgment.

Second: Physicians who are sincere and honest, but deprived of good judgment; and then lastly the third type or unscrupulous knave, who is dishonest and knows that he is dishonest.

In the first class are those wonderful persons, men and women who have been endowed with nature's intuitive wisdom. Who know the right thing to do at the proper time, just enough good advice, suitable treatment, sufficient and skillful surgery. May there be far more of this class, who will dedicate themseves to the service of the public.

Good Lord, Deliver Us from the Thoughtless Physicians

In passing along the corridor of one of the hospitals recently, a young man patient was heard to be much excited. He was a young fellow in the prime of his youth, who had selected a physician of the second type, a man honest, sincere but deprived of real good judgment. In his desire to serve his patient he had outwitted his wisdom and performed too much surgery at one sitting. He had removed the youth's appendix, then to relieve irritation in the rectum he had excised several hemorrhoids (piles) and THEN turned to the throat and took out the boy's tonsils. This was all done in good faith, in order to save the patient additional hospital and surgeon's fees—but what about this fine young man—his sensitive nervous system has received too much treatment, it was shocked at being devastated at both extremities and the mind became unbalanced. Delirium seized him for several days and left him a nervous wreck for many weeks, and was never the same sane and normal man. The author knows of several similar cases.

Reader! Beware of This Type

Now, the third type, one might say the "third class," for such is this type; although they practice in often the best offices and highest rate hospitals, they are the knaves of the profession. Beware of the Doctor who tells his patient after the first operation, that some structure was noted to be in diseased condition and must be watched carefully each month for a year and at the end of that period, another visit to surgery is arranged.

Some little time ago a grand old gentlemen physician of the first type was attempting to untangle a patient's troubled abdomen. While operating he noticed a person pacing up and down the hallway in great agitation. Finally completing his work he realized that he had used the operating room longer than his allotted time. This restless person was the physician to follow in using the room and he had been delayed. He greeted this splendid old Doctor by saying, "Why keep me waiting." The Senior Doctor replied in surprise, "Well, Doctor, I found more to do than I had anticipated and I felt under obligation to the patient to relieve this condition. She is a poor woman and deserves her health." The Restless One curtly asked, "Why do it all now? With my patient I do one at a time, each year. First her appendix, then wait one year, go back and take left ovary, following year remove the other ovary; the fourth time I broke up adhesions and now I go in to remove the tumor which I found present at the first operation." The older gentleman was dumb for a moment, then he gasped, threw up his hands and gathered his courage. He did not hesitate to remonstrate with the knave doctor, but to no avail. His parting remark placed him in this so-called "third class." "You are foolish, old man. My patient pays just the same for each operation as yours will for completing the work all at once."

* * * * *

Some psychology lectures, instead of being a call for service, are nothing more than showers and thunderstorms of oratorical outbursts. This is not a living, lasting, applied psychology.

PART III

"Back to Nature" Book Review
Jan., 1924

"Lights, Colors, Tones and Nature's Finer Forces"

By Ernest J. Stevens, M. Sc., Ph. D. A scientific and philosophical treatise on a subject that is occupying an increasingly larger place in the attention of the scientific world. It deals with the effects on the human body of the seven spectral colors, both beneficent and malignant. In presenting to the public, the vital knowledge of our reaction to the forces, that though unseen are no less strongly felt, Dr. Stevens has done monumental work, for this book will stimulate the interest of the laity in the Laws that he has helped to unfold, thus insuring in a few more years, a definite place in Natural Science for this all-important factor in Life and Health.

* * * * *

Toronto, Canada, January 14, 1924.

Dear Dr. Stevens:

Be sure to send invoice with the Color-wave Normalizer (which includes the typewritten course, diploma and degree, (Master of Chromo-Electronics, total $125.00).

It was reading your "Nature's Finer Forces," that aroused my interest in your work. It is a wonderful book for thought along Physical, Mental and Spiritual lines.

As for the Color Normalizer-Cabinet, I will give my order for your best style in a few weeks.

Respectfully,
Dr. Thos. L. Carroll.

* * * * *

VIBRATIONS, LIGHTS, FORMS, COLORS, SOUNDS

From the New York Magazine, "Reality"

" 'Vibrations, Their Principles, Lights and Colors; Their Uses' is the title of a unique and artistic work, which is issued by the E. J. Stevens Publishing Co., San Francisco. It is written by Ernest J. Stevens, M. Sc., Ph. D., and is the result of his investigation into lights and colors in relation to human life. The human race is awakening to a deeper sensitiveness in color and its application in many new directions. We no longer regard it as the specialty of the artist alone; it is in fact the specialty of every one. It affects us nervously and therapeutically to a remarkable degree. The choice of a color which is worn with comparative constancy may restore the health or precipitate nervous collapse."

"These and other vital questions are discussed with lucidity and charm in Dr. Stevens' book and the investigator, to whom the subject is new, may become intelligent upon it through these varied pages. We realize the stimulation of the blues and violets, the steady physical tonic of red and orange, the restfulness of green. We learn also the secret of that much used word VIBRATIONS and realize its significance. We are all centres of vibration, sending out our color rays and are, to a great extent, well or ill through the laws of harmony" (harmonious colors and tones).

"The beautiful mystery of these laws and their expression through lights, forms, colors and tones, are made clear in Dr. Stevens' book. It is in fact a veritable encyclopedia along these lines and offers an absorbing and valuable study to the reader who is searching for facts. It will undoubtedly prove a source of inspiration and culture to many minds. The book is planned and printed with much care and taste."

* * * * *

"Vibrations, Lights and Colors," I bought is simply grand. It is full of deep scientific truths."—*J. W. Tremain, Bellingham, Washington.*

Speaking before 2,000 people, in connection with the National Shriner's Convention, the noted orator and writer, Dr. James L. Gordon, stated, that "after reading Dr. Stevens' 'Vibrations, Lights and Colors,' he was filled to overflowing with inspiration."

From *"Christian Science and Natural Law"*—"The Stevens Light and Color Institute of San Francisco, has a marvelous accumulation of records concerning the power of vibrations for color to build or destroy the harmony of human beings."

To a crowded audience at San Francisco: "You have in your city Dr. E. J. Stevens, who is a genius for bringing out his marvelous book on 'Lights, Colors, Tones and Nature's Finer Forces.' I heartily recommend his work to you."—*Dr. J. D. O. Powers, Portland, Oregon.*

N. B.: We have received a visit from the official in charge of one of our prominent medical institutions, who came to arrange for the author to give at our Light, Color and Tone Laboratories, a Chromology and Color-Therapy course for their graduates. Post-graduate courses have been since carried out by us in the large colleges in New York City, Washington, D. C., Chicago and other cities, and at national health conventions, which were followed by over a score of requests from different clubs for lectures.

Medford, Oregon, September 12, 1922.

Dear Doctor Stevens: I have given much research to Chromo-Therapy. I find your book I purchased very valuable and a work of art. The use of these higher and finer forces of color-lights has given me marvelous results in my practice. For diagnosing and therapeutics, these colored lights and equipped cabinets are most valuable. Fraternally, *Dr. A. R. Hedge.*

Los Angeles, California, October 24, 1922.

What arrangement can I make with you so that I may lecture on Lights, Colors, Vibrations, Sounds, etc., and having graduated a class of students to become practitioners, to sell them your cabinet to install and use in their work, with psychic and spiritual healing, and instructions in right living? * * * I should like to be one of your national field representatives.

Earl Ward Pearce, (Educator and Lecturer).

* * * * *

Other Valuable Data in Simple Scientific Language

Additional and more detailed information may be found by reading, what is written in the following works supplied by the publisher of this brochure:

"Vibrations, Lights and Colors," $5.

"Lights, Colors, Tones and Nature's Finer Forces," $3 popular ed., $5 special ed.

"Light and Colors," compiled from Dr. Edw. Babbitt's Work, $2.25.

* * * * *

"Lights, Colors, Tones and Nature's Finer Forces"

In this wonder book, my $100.00 lesson-course, is included. Ten ways to find the auras. Healing and constructing by colors and sound are treated in this work. Four page plates of vibration scales, explaining the realms from one to trillions of vibrations per second, all classified within this "Book of Wonders" of nearly 270 pages in understandable language, and illustrated with spectra lined colored plates.

Data on Light, Color and Tone Courses and Books

Charles F. Haanel, head of the Master Key System, also hundreds of Educators, Scientists, and the Congressional Library in Washington, D. C., the Public Library, N. Y., and the Chicago Public Library, secured the author's works by their orders.

"If you want to study Light, Colors, Sound and Music Basic Principles as a profession, take Dr. Stevens' course. I have studied in his wonderful institution, with its classrooms, its demonstrating Student's clinics and corresponding departments.

If you follow the treatments advocated by Dr. Stevens, you will never have influenza and such things.—*Dr. David V. Bush, before 600 Oakland Students, 2, 17, 1922.*

I have been greatly interested in the development of Color vibration. I take great pleasure in studying your book which is scientific as well as artistic and will recommend it to our student body during my lecture course. A review will appear in the September issue of the "Herald of Health and Naturopathy."—*Dr. Chas. H. Stechman, Dean.*

Dr. Julia Seton, author and world renowned lecturer, made the following remarks to an audience in San Francisco in 1919: "We should have light and color treatments. Dr. E. J. Stevens, has a Light and Color Therapeutic Institution in San Francisco, and I know there is great benefit to be derived from the light and color appliances and cabinets. The colors assist our development, for they affect our feelings, thoughts, words and all our actions. Certain colors for rooms have a restful influence on a patient. Music and Colors are the Great Coming Therapeutic Agencies. We should suit ourselves with colors, sounds and music."

As the latest associate of Dr. E. J. Stevens' Research Institute, I am glad to add a word of appreciation. From Scandinavia, where I studied in Stockholm, Christiania and Copenhagen, my intuition led me through New York, Chicago, Battle Creek and Kirksville, the home of Osteopathy, to E. J. Stevens' Light and Color Institute in San Francisco. In all my researches I have found no higher ideas in modern therapeutics than Dr. Stevens' methods. He not only realizes, but carries into practice, the combination of mental, physical and spiritual principles and it is upon this triangle that all healing rests.—*Gudrun Friis-Holm, D. O. M. D.*

"Dr. E. J. Stevens, who is a natural scientist and re-searcher of international note, is establishing a record in magazine contributions in his series of magazine articles on Odic, Auric, Cold-light and Radio-active Basic Principles and at the same time a series on Vibrations, Sounds, Lights and Colors. His De Luxe Light, Color and Tone Cabinets and smaller equipments have already taken Gold Medal prizes."—*An editorial notice, August 19, 1922, in "Mind Power Plus."*

I consider it a great honor to hear from Dr. Stevens, the inventor, scientist, author, artist and lecturer, who has achieved so much in so many ways. I like "Vibrations," etc., more and more. This work touches upon so many subjects of vital interest. One could in most any mood turn and find something inspiring, restful, healthful and interesting. We will always be grateful for having used your color cabinets, which followed the Color Human Analysis, with my sister, who was suffering physically and mentally so long. She reports now feeling perfectly well and happy. (This was a remarkable cure.)—*E. Twing, July 25, 1922. Reader and Critic.*

Every Drugless Physician should own: "Vibrations, Lights and Colors."—*Dr. A. A. Green, Editor of "Drugless America," August, 1922.*

E. J. STEVENS LIGHT AND COLOR RESEARCH LABORATORIES

242 Powell Street, San Francisco. Tel. Douglas 1136

Publishers of Books and Manufacturers of Cabinets and Normalizers, relating to Lights, Colors, Tone and Health.

TWELVE LECTURE LESSON TITLES

Illustrated With Demonstration

By E. J. STEVENS, M. Sc., Ph. D., A.M., N.D.,

1. Odics, Auras and Astral Realms (marvelous revelations).
2. Senses of the Body and Mind, and Transmutation.
3. Vibrations, Lights and Colors, and Nature's Normalizers.
4. Nature's Finer Forces (astounding disclosures, etc.).
5. My Visits to Woodrow Wilson, Gladstone, Burbank, and others in three continents. Their Auras.
6. The New Education and The Human World.
7. Thought, Breath and Spirit Power, or Inspirationals and Creations.
8. Electrons, Magnetons, Vitrons, and Protons.
9. Pacific Coast and Long Life. The Home of a Super-Race.
10. Human Character and Personal Analysis. By auras, forms and tones.
11. An Evening's Scientific, Illustrated Entertainment.
12. Inventions and Research for Health and Success.

* * * * *

N. B.: "Vibrations, Lights and Colors" and "Nature's Finer Forces" awakens those who aspire to health of the human temple, to become a master mind for service, to arouse inspiration and spiritual unfoldment, as well as to develop the seven physical senses. They explain basic, active, underlying principles of Therapeutics, Religion, Education, Art, Philosophy, Psychology, Inventions and Scientific Research. These are truly the New Education "Books of Wonders" and for these scientific works of this character the prices are exceedingly low.

Write for information about the office and home—Color-wave Normalizer (Stevens) and order the Colville-Babbitt's "Lights and Colors," $2.25.

MORE UNSOLICITED STATEMENTS

December 17, 1923.

The E. J. Stevens Publishing Co.,
242 Powell St.,
San Francisco, Calif.

I bought one of your books, "Vibrations." I enclose $5 for "Nature's Finer Forces."

I enjoy reading books on up-to-date science put in such a tangible way. I have read Vibrations three times and am going to read it again. It gives me food as well as pleasure. I'm now using Light and Color—Therapy, as well as Electronic methods.

J. H. East, M. D., Electronic Laboratory,
Denver, Colorado.

HAMILTON INSTITUTE OF MEDICAL RADIOLOGY,
Detroit, Michigan.

Xmas Week, 1923.

Dear Doctor Stevens:

As Vice-President of the American Association of Medico-Physical Research, I am appointing a committee * * * to get material for the convention. Can we compare notes and present materials?

It has been my honor to study your books from cover to cover. I am so elated with pride, and, if I may say, basic thought, for REAL knowledge, I digest each day. To those who would seek so much food for fine thought nowhere else on earth for the price can be bought. Yours for more "Light,"

Geo. S. Foden, M. D., Director.

* * * * *

Chicago, January 8, 1924.

Dr. E. J. Stevens:

Your address was full of startling revelations. By request of the Board I have the honor to heartily thank you for your lecture and demonstrations.

John E. Ulber, B. M., President,
The Ulber School of Power.

* * * * *

Florence, South Carolina, February 24, 1921.

Dr. Stevens:

May God continue to bless and prosper you, for you have done more good to suffering humanity than you have any idea of. I know of many who have been restored to health, life and to loved ones, by these balsams that were made up by you. I know these facts, they are not hearsays. You gave, not only the "Cup of cold water," you gave life, hope and health.

Sincerely and truly, Lewis P. Newman.

Table of Contents, (abbreviated) of "Lights, Color, Tones" and "Nature's Finer Forces"

"Stevens' Book of Wonders."

COLOR PLATES OF HUES SHADES AND TINTS.
PROPHETIC POEM. REMARKS. INTRODUCTORY.
CHAPTER I—Science, Vibrations and Electrons.
CHAPTER II—Basic and Active Principles.
CHAPTER II—Nature's Finer Forces.
CHAPTER IV-V—Electronic and Magnetic Waves and Hints to Inventors.
CHAPTER VI—Fundamentals, Sounds, Colors.
CHAPTER VII—Fourth Dimension and Relativity.
CHAPTER VII-VIII—Space, Ethers, Magnetons, Electrons, Atoms, Corpuscles, Systems, Worlds.
CHAPTER IX—Spirit the Active Essence and Principle. Man's Soul.
CHAPTER X—Dr. Babbitt's Work, Etc.
CHAPTER XI—Color, Music, Forms and Tones.
CHAPTER XII—Light, Magnetism, Electricity, Therapeutics.
CHAPTER XIII—Ether Waves, Odic Lights. The Author's Experiments.
CHAPTER XIV—Odic and Auric Lights.
CHAPTER XV—Metabolism, Cold Lights.
CHAPTER XVI—Matter, Force, Rhythm.
CHAPTER XVII—Healing and Constructing.
CHAPTER XVIII—Lights, Colors, Tones.
CHAPTER XIX—New Professions.
CHAPTER XX—Electrons, Magnetons, Atoms.
CHAPTER XXI—How to See the Aura.
CHAPTER XXII—Human and Character Analysis by Colors and Auras.
CHAPTER XXIII—George Starr White on Rhythm. The Stevens Chromotherapy-Reflector.
CHAPTER XXIV—Food Vibrations, Auras and Color Values.
CHAPTER XXV—A Sun-Cooked, Colorful Feast.
CHAPTER XXVI—Plants, Colors, Flowers, Their Auras.
CHAPTER XXVII—Radiant-Energy and Chromo-Therapy.
CHAPTER XXVIII—Do Electrons and Magnetons Think?
CHAPTER XXIX—Fine Rhythmic Waves and Wonders.
CHAPTER XXX—Marvelous Air-Realms.
CHAPTER XXXI—Mentality and Individuality.
CHAPTER XXXII and XXXIII—Series of Thought-Transference Experiments.
CHAPTER XXXIV—Thought Waves and Suggestions.
CHAPTER XXXV—Color-Tones and the Author's Chromo-Phone. Color Symphonies.
CHAPTER XXXVI—Sensitives and Mysteries. Cause and Effect.
CHAPTER XXXVII—Lights-Rays With Color Waves and Health.
CHAPTER XXXVIII—Light and Warmth. Heatless Lights.
CHAPTER XXXIX—The Human Body, Its Lights and Color Realms.
CHAPTER XL—Marvelous New Probabilities. Coming Wonders.
CHAPTER XLI—Col. Rowan's "Message to Garcia" Cold Light Data.
CHAPTER XLII—Radio Basic Principles.
CHAPTER XLIII—Radio Earlier Discoveries.
CHAPTER XLIV—Radio Electric Discoveries.
CHAPTER XLV—Momentous Radio-Odic Facts.
CHAPTER XLVI—Wireless and Radio. "What Next."
CHAPTER XLVII—Radio-Electro-Magnetic Waves.
CHAPTER XLVIII—Rhythm, Radio and Auras.
CHAPTER XLIX—The Great Equilibrator.
CHAPTER L—To the Healing Profession.

Price of book complete, postpaid and insured. Strong leatherette finish and extra fine plates of Colors, Hues, Shades, Tints and Tones: $3, popular edition, or paper bound, $2.00, or in De Luxe binding and extra color pages, $5.00.

These fifty-chapter lessons are inspirational, real and dynamic in their nature. They treat the basic, root and fundamental principles of nature's vital activities.

The following from Dr. Bush, who took a course of private lessons from the author in 1922:

Dear Mr. Geis: December 18, 1923.

My friend, Dr. Stevens, is a famous researcher and natural scientist. He stands high among the thinkers of the day, and will add more lustre to your publishing halo, if you can get him to have you print his books. You might consider in printing his books that it is really an order from me, and in that respect give him the same prices as you would if I were having the books printed myself. Yours very truly, David V. Bush.

* * * * *

Chicago, December 18, 1923.

Mrs. Nichols, Leader Unity Center,
Milwaukee, Wisconsin.

This will introduce my good friend, Dr. Ernest J. Stevens, of San Francisco, who is on a trans-continental tour, speaking at the Chamber of Commerce, Men's Clubs, New Thought, Psychology and Unity Centers.

Dr. Stevens for a long time was a regular contributor to Mind Power Plus. As a man and a great soul he is on the plane with our mutual friend, Thomas Parker Boyd; as a speaker, he is most interesting and entertaining, and there will not be a dull moment during his most scientific discourses. Dr. Stevens is a famous investigator and natural scientist. When I was in San Francisco, he gave me the great support that well deserves the co-operation of all thinkers, teachers and campaigners who have the universal consciousness.

I am leaving tomorrow night for my next campaign at Spokane, Washington. All of us send our love and blessings to you and yours. Very sincerely yours, David V. Bush.

* * * * *

Newark, New Jersey, August 1, 1923.

Ernest J. Stevens, M. A., N. D., M. Sc., Ph. D.,
242 Powell St., San Francisco, California.

Dear Doctor Stevens:

I have just finished reading your $3.00 book, "Lights, Colors, Tones and Nature's Finer Forces."

Have studied Dr. Edw. Babbitt's "Principles of Light and Colors" and other books on natural development; but I must say, that your book is the key to nature's finer forces.

The chapter, "Odic and Auric Lights," is the most wonderful explanation of these marvelous lights, colors and forces, that I have ever read or studied. Chapters on "Healing, Creating and Re-creating" are wonderful.

Your book is brimful and running over with vibrations.

"How to See the Auras" (10 methods) is the keynote for perceiving Through Scientific Natural Methods.

You have improved on Geo. Starr White's method in explaining why vibrations and colors exist.

Classified Vibration Tables, which you give on pages 106 to 111 on Octaves of The Prismatic and Odic Stairway and The Semi-Visible and Invisible Realms, revealing Nature's precious secrets—are Alone Worth One Hundred Times the Price of Your Book.

Your book has given me an idea how to photograph the human eye. I now feel sure we shall be able to photograph the iris. I thank you for these ideas gotten from your beautiful Work of Wonders.

Vigorously,

F. W. Collins, M. D., D. O., Ph. D.,
Dean of "The Mecca College."

"MASTER KEY SYSTEM"

Reno, Nevada, August 9, 1923.

Stevens' Light, Color and Tone Institute,
San Francisco, California.

I have received your second book. I am very much pleased. You surely cover the subjects very thoroughly in "Nature's Finer Forces" and in "Vibrations, Lights and Colors."

Yours in Universal Law,
J. F. Petritsch, M. D., Ph. D., N. D., D. O.

THE MASTER KEY SYSTEM
709 Pine Street
St. Louis, Mo., November 27, 1923.

After Chas. Haanel in 1922 ordered the author's "Vibrations, Lights and Colors," the following order and letters were received:

Doctor Ernest J. Stevens,
242 Powell Street,
San Francisco, Calif.

Dear Doctor:

Enclosed herewith I hand you remittance for $3.00, for which send me a copy of the leatherette edition of "Lights, Colors, Tones and Natures Finer Forces."

Yours sincerely,
(Signed) Charles Haanel,
The Master Key System.

St. Louis, Mo., January 28, 1924.

E. J. Stevens, President,
Light, Color and Tone Research Laboratories,
242 Powell Street,
San Francisco, Calif.

My dear Dr. Stevens:

It has just been my pleasure and privilege to complete the reading of your remarkable and in so many ways wonderful, book, entitled, LIGHTS, COLORS, TONES and NATURE'S FINER FORCES, which is a description of the Marvelous Discoveries, Basic and Active Principles, Functions of Electrons, Magnetons, Atoms, Cold-Lights, Odics, Auras and Radio.

On page 253 I read: "We are now on or approaching the borderland of the basic, as well as the active principles of life, as represented and manifested by the electronic and etheric theories. Little did the average intelligent person realize a few years ago that he and all things were in the midst of and, so to speak, floating in the mightiest of oceans, the ocean of ether! This newly discovered ocean is used by many forces and diverse activities, by the innumerable electro magnetic vibrations, such as the electric, the magnetic, the static, light and colors, sounds, heat and actinic vibrations and rays. The control of these forces and the use of these potent agencies are the things that keep all progressive thinkers busy."

This is important, but you approach much nearer to the borderland of the basic on page 176 where you say, "Who would dare say that what we term 'electrons' do not think? I am persuaded to think that the innermost of 'electrons' are active centers of intelligence connected with an Infinite Mind, which is all-wise and all-knowing. That marvelous mind thinks with design, sees ends from beginnings, while thinking an atom world and even a universe in the terms and energies of its own nature, knowledge and understanding."

Here we find that what are termed "electrons" are not only centers of force and energy, but centers of intelligence.

The source of these electrons is, of course, the sun and the vibrations emanating from the sun must necessarliy be in accordance with its inherent nature. May it not be possible that the vibrations reaching us from the various planets have their influence also? Thus we find the vibrations reaching us from Venus and from Mars are entirely different.

Your book is a veritable encyclopedia and a wonder book in its particular field.

Yours sincerely,
(Signed) Charles F. Haanel,
The Master Key System.

"Lights, Colors and Nature's Finer Forces"

Astonishing Discoveries. Basic and Active Principles. Functions of Electrons, Magnetons, Atoms, Cold-Lights, Odics, Auras and Radio.

By

ERNEST J. STEVENS,
M.Sc., Ph.D., N.D. M.A.

Inventor of a Score of Scientific Appliances.

Illustrated with colors, hues, shades and tints. Over 250 Scientific, Practical Pages.

Paper Bound, $2.00. Popular Leatherette Edition, $3.00. Edition de luxe and extra color pages, $5.00.

Postpaid and insured.

Luther Burbank Among the First Scientists to Order.

Published by

E. J. STEVENS LIGHT, COLOR AND TONE RESEARCH LABORATORIES

Offices, 242 Powell Street
SAN FRANCISCO
Dept. Books

Descriptive Folder Free

BOOKS—DR. GEORGE J. DREWS,

Poet, and Founder of the Apyrtropher Society

"Unfired Food and Tropjotherapy" Has 365 recipes for the aesthetic preparation of unfired foods for progressive people, and directions how to use the unfired foods for the cure of disease and the perpetuation of absolute health.
Prepaid, **$5.15**

"The Improved Mono-Diet" Consists of brief extracts from "Unfired Food" for patients under the care of a physician.
Prepaid, **$1.15**

"Gems of the Wisdom of Life" Contains 196 axioms and truisms by the author. Prepaid, **$1.50**

"The Salt Eating Habit" Side Lines.
Prepaid, **$0.50**

"The Metaphysics of Raw Food"
Prepaid, **$1.15**

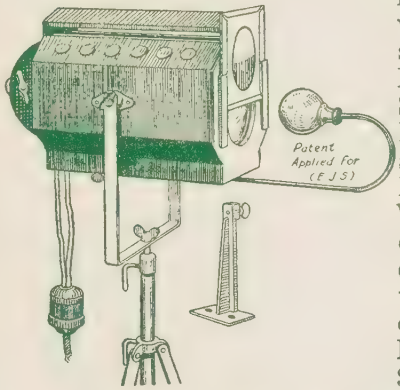
Apyrtropher Publishing House
1910 North Harding Ave., Chicago, Ill.

Or, Order from the PACIFIC COAST AGENTS, THE E. J. STEVENS PUBLISHING CO., or from THE STEVENS HEALTH INVENTIONS CO., 242 Powell St., San Francisco, California.

Nature Cures

By Nature's High Rating, Responding Colors, so as to Change Congested Tissue Vibrations

The Stevens COLOR-RAY NORMALIZER:



Price complete, with the two sets of Color Plates and Sheets; Color Electronic Lessons; Color Blending Key; Wall Bracket; eight feet of cord, connections, and two color books and Diploma, Total, $100.00.

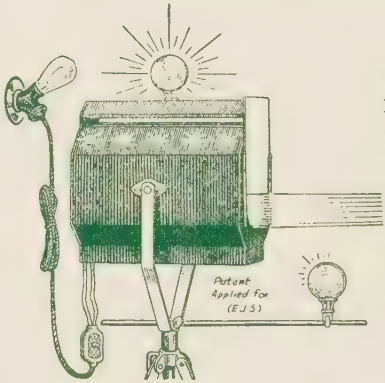
If Crystal Balls and Rods are desired, add $15.00. This Normalizing and Harmonizing Color-Tone Machine may be adjusted quickly above the head or in any required position by the telescopic and revolving features. The Crystal Ball Color-ray interrupter is shown herewith in position for researching, and when detached the machine is ready to Color-Treat the Human Body or Plant Life, etc.

"Nature's Finest Blood and Tissue Cleanser."

THERE IS ONLY ONE DISEASE

Physical or Mental

ITS NAME IS CONGESTION



Caused by low rate Vibration. The remedy is Elimination by the Light's Color rays and fine electronic vibrations.

This Picture shows the "Chromo-Wave Normalizer" (Stevens), or Color Ray-Projector, "Home and Office Model," showing the color rays in action. Note the color rays reflected as interrupted on the crystal balls. Note the upright bars attached to the tripod stand (telescopic). These bars make a handle for suspending (if desired) the machine. See our four-page Folder for other data.

Terms are necessarily cash, on account of "Close Price," or, if C. O. D., one-third payment with order, to

E. J. STEVENS' HEALTH INVENTIONS COMPANY

242 Powell St. San Francisco, Calif.

Our $10 "Stevens-Babbitt," Books on the "Science of Color-tone Healing" or Chromopathy now ready for the Press. Stevens Series No. 5 and No. 6.

"Lights, Colors, Tones and Nature's Finer Forces"

WAVES, COLORS, COLD-LIGHTS, AURAS, ODICS, RADIO AND RADIUM

50 Chapters (Several Color-tone Pages). 270 pages.
Electrons whirling about through oceans of space; strange odics; "Vibrations"; Form, Sounds, Senses, Minds, Healing and Constructive Forces.

MARVELLOUS OPPORTUNITIES FOR ALL

New industries, trades, arts, professions; tips for the mechanical genius, manufacturer in the movies and the automobile business. Enormous financial remuneration awaiting "the early bird that catches the worm" in these new fields of discoveries, inventions and disclosures treated in this 50-chapter book. Scientific and prophetic information, written in an understandable and practical way.

Deluxe binding, $5 postpaid.
Leatherette finish, $3 postpaid—Popular edition.
Plain binding, $2 postpaid.

If the $5 edition is ordered with our 1922 $5 work, "Vibration, Lights and Colors," deduct $1. Table of contents and circulars free.

This "Wonder-Book" of useful and understandable knowledge intensely inspirational and a ready text-work of reference. There will be an increasing value to the first scientific research book of this nature. Order now and remit in any way you prefer.

Hundreds of advance cash orders, including one from Luther Burbank, were waiting for this 1923 work.

Santa Rosa, California, January 3, 1923.

Dear Dr. Stevens: We hope to see you when you are able to be out. . . . I shall be delighted to see "Lights, Colors, Tones and Nature's Finer Forces." I am glad to pay for such a work.
Faithfully, Luther Burbank.

ANOTHER ATTRACTIVE OFFER:

Thought Power (short essays and flashlights)....$0.50
Breath Power (includes a $5 natural course of Physical Culture, breathing lessons)..... 1.00
Double and Single Standard and Sex Control.... 1.00

Combination offer for these strongly paper-bound Power Books, postpaid and insured, $2.25.

The Colville compilation of Dr. Babbitt's Chromo-Therapy, is $2.25.

Address:

E. J. STEVENS LIGHT, COLOR AND TONE LABORATORIES,
242 Powell St., San Francisco, California.

End of No. 4 Book of Our
Popular Science Series

❖ ❖ ❖ ❖

DON'T FAIL TO SEND FOR

TABLE *of* CONTENTS
OF BOOK NO. 5

"The Science of Chromopathy or Color-tone Healing"

This Babbitt-Stevens and Anglo-Indian work is Surely a Wonderful Book of Practical Disclosures, Demonstrations and Proofs of Inexpressible value to every home.

❖ ❖ ❖ ❖

This No. 5 Book of "Special Lecture Lessons" is Now Ready for the Press

❖ ❖ ❖ ❖

E. J. STEVENS, Publisher
242 Powell St., San Francisco, Calif.

MEMORANDA

DATE DUE

APR 27 2000

APR 25 2000

GAYLORD

PRINTED IN U.S.A.

428447

GRADUATE THEOLOGICAL UNION LIBRARY

BERKELEY, CA 94709

GTU Library
BF1999 .S7255 G
Stevens, Ernest Jac/Science of colors an
3 2400 00108 7968